



## THE ONASSIS FOUNDATION SCIENCE LECTURE SERIES

The 2009 Lectures in Biology: IMMUNOBIOLOGY

# Autoimmunity and Inflammation

*From bench to bed-side*

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# Immunity and its homeostatic regulation

- The immune system is among the most fundamental requirements for survival. Thus, it not surprising that many pathogen-sensing systems and immune pathways are *evolutionary conserved throughout the species*.
- A basic problem confronting all living organisms including the humans is how to defend against foreign invasion or factors that may disturb its basal state ( homeostasis) while *maintaining control of the defending forces (homeostatic regulation)*.
- Many of the *human diseases* are now thought to be the result of *dysfunctional innate and/or adaptive immune responses to external pathogens or endogenous molecules derived from a “stressed host”*.
- These are collectively called stress associated molecular patterns (SAMPs) and include among others products of apoptotic or necrotic cells, metabolic products, and more recently even nutrients.

# Inflammation and autoimmunity

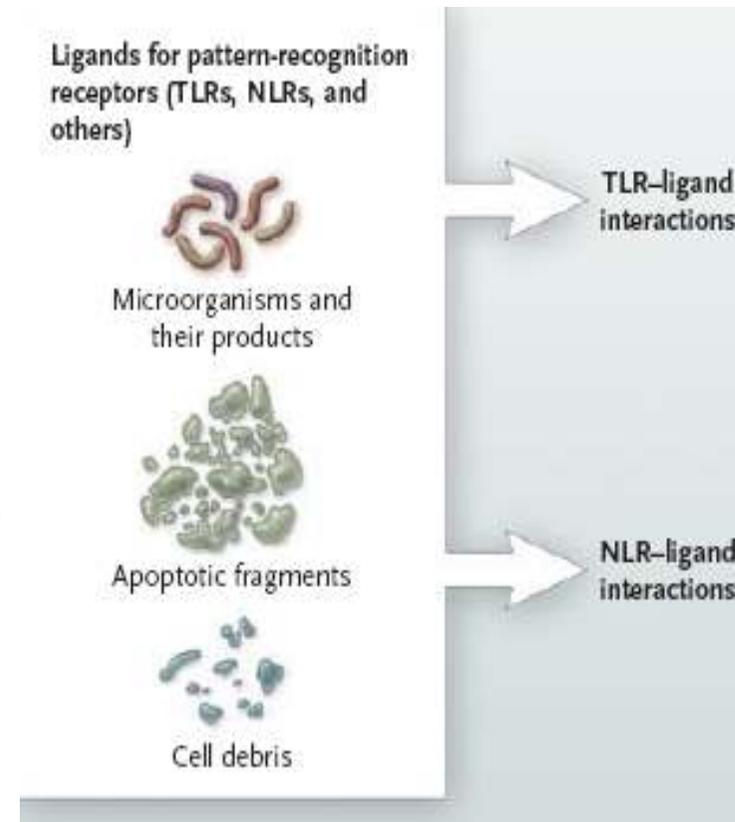
- **Inflammation**-an adaptive response triggered by a variety noxious stimuli and conditions, triggers the recruitment of leukocytes and plasma proteins to the affected tissue site;  
*-Inflammation underlies many of the human diseases associated with the immune system. The list keeps expanding to include common diseases initially not thought to be inflammatory but degenerative*
- **Autoimmunity**-the recognition of self-constituents by the immune system, can result *in tissue dysfunction and pathology with or without inflammation*
- In contrast to infectious diseases, in inflammatory and/or autoimmune diseases, the production of inflammatory cytokines and the resultant systemic inflammation are thought to be induced by endogenous molecules (SAMPs)
- The realization that there is a *cross-talk between the innate and the specific immune response* has motivated investigators in recent years to take a closer look at the *contribution of innate immunity in these diseases.*

The immune system has sensors not only for the pathogens but also for other stressors :  
**PAMPs+SAMPs =Damage AMPs (DAMPs)**

- These sensors ( TLRs, NLRs) recognize

- pathogens (pathogen associated molecular patterns, PAMPs)* ħ

- host-derived stress (stress associated molecular patterns, SAMPs).*



Host-derived stress signals: by-products of apoptotic cells (hsp, histonic proteins, HMGB1, DNA, RNA, uric acid), metabolic products or nutrients ( free fatty acids, cholesterol, ATP, glucose etc)

# Immunity, Inflammation and Autoimmunity in Humans

## *Physiology, pathophysiology, nosology and therapeutics*

- Origin and physiologic role of inflammation
- **Exogenous** inflammation vs **endogenous** inflammation and associated diseases
- **Endogenous inflammation: Auto-inflammation vs autoimmune inflammation**
  - **Auto-inflammatory diseases:** Diseases of innate immunity
  - **Autoimmune diseases:** Diseases of innate and adaptive immunity
- **Biologic therapies: Lessons learned about the targeting of key molecules and cells**
- **Inflammatory and autoimmune diseases are complex: the use of high-throughput methods in their investigation**
- **Perspective**

# Immunity, Inflammation and Autoimmunity in Humans

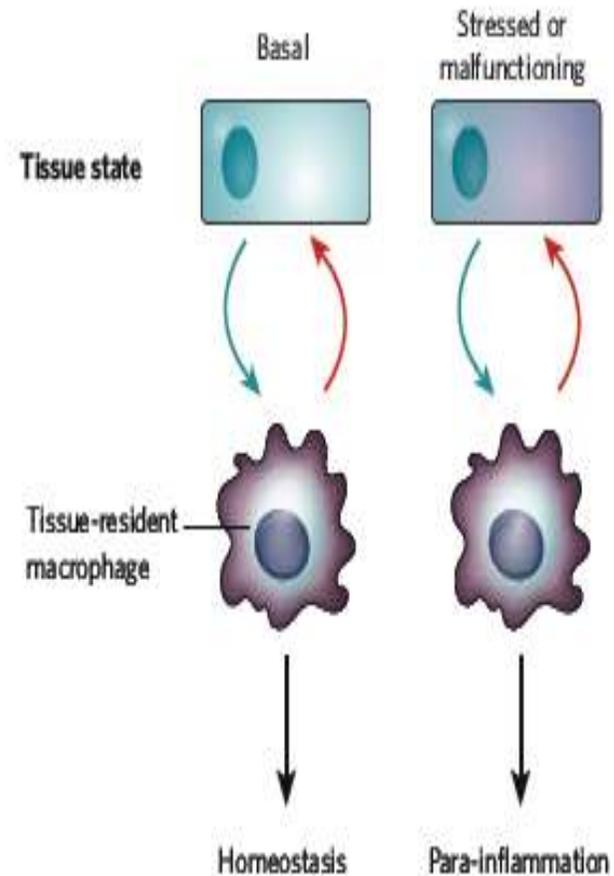
## *Physiology, pathophysiology, nosology and therapeutics*

- **Origin and physiologic role of inflammation**
- *Exogenous* inflammation vs *endogenous* inflammation and associated diseases
- *Endogenous inflammation: Auto-inflammation vs autoimmune inflammation*
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- **Perspective**

Inflammation underlies a wide variety of physiological and pathological processes.

**Although the pathological aspects of many types of inflammation are well appreciated, their physiological functions are mostly unknown**

## Cellular states and surveillance of tissues by MΦ

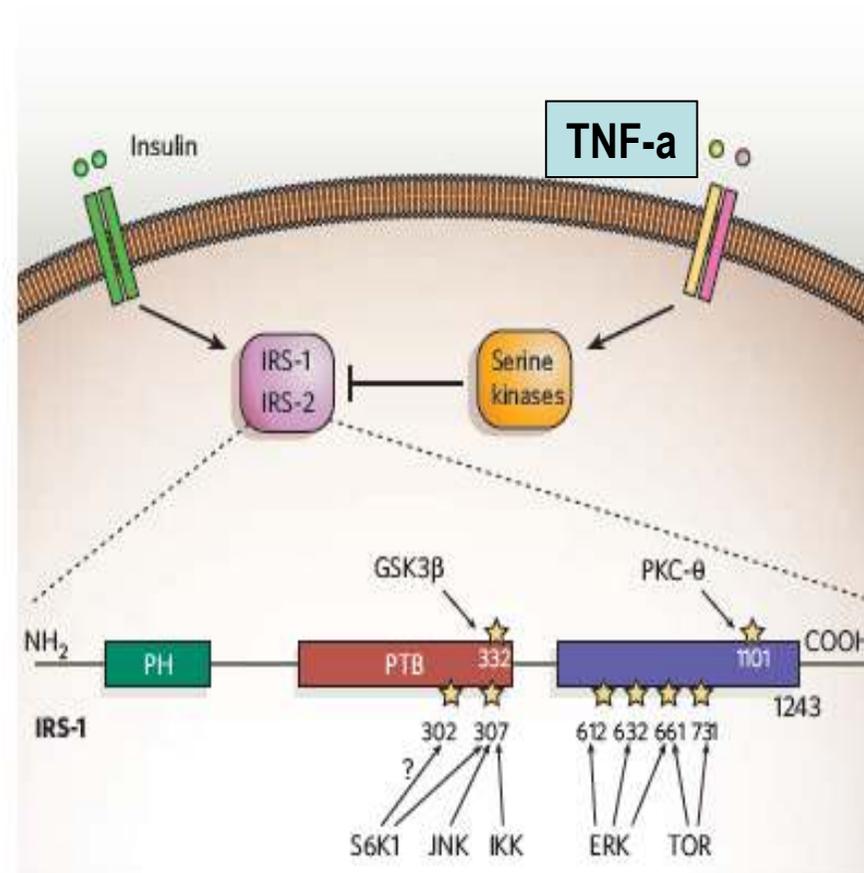


**Blue arrows indicate signals that report the tissue state to MΦ;  
Red arrows indicate MΦ -derived signals that control tissue adaptation**

Surveillance of the tissues is important for homeostasis  
Para-inflammation in the adipose tissue (obesity) and its relation to T2DM

- **Mediated by tissue macrophages and mast-cells**
- **They control/monitor/mediate the removal of apoptotic cells, the integrity and proliferation of the epithelial surfaces, the production of mediators from the adipocytes and the remodeling of the tissues.**
- **When the stress of the cells exceeds their limits, adipo-cytes secrete CXCL12 which attracts new macrophages**
- **The increased number of macrophages and the resultant increase in inflammatory cytokines such as Il-1 and TNF-a increase the resistance to insulin which promotes atherosclerosis**
- **Insulin resistance affects predominantly muscles and the fat so that the glucose is available for WBCs to fight the infection**

Insulin-receptor signalling interfaces with inflammatory signalling at the level of insulin-receptor substrates through activation of serine kinases.



TNF blocks insulin signaling

# Basal state ( Homeostasis)

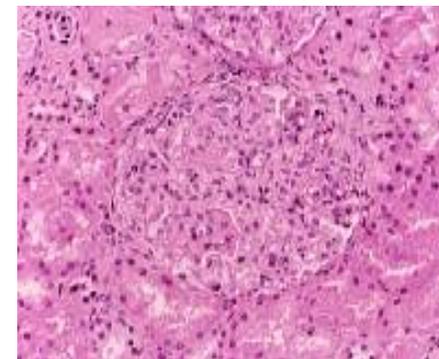
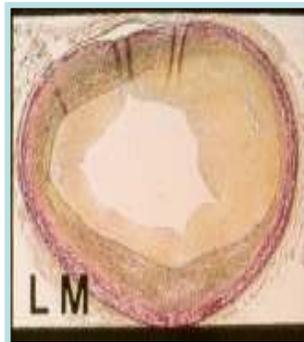
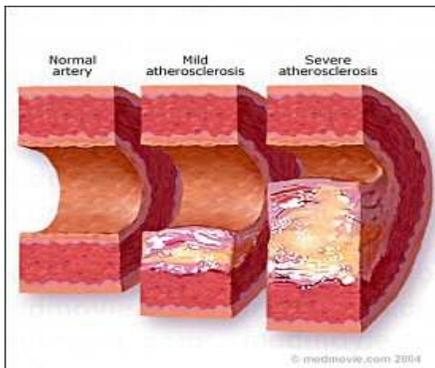
**Stress**  
-lipids  
-hypertension  
-oxidation  
-hypoxia  
-ageing

**Tissue surveillance  
by macrophages**

**Infection**  
Tissue injury  
Auto-immunity  
Auto-inflammation

**Para-inflammation**  
*Increase in MΦ- plasma proteins*  
*Endothelial dysfunction*

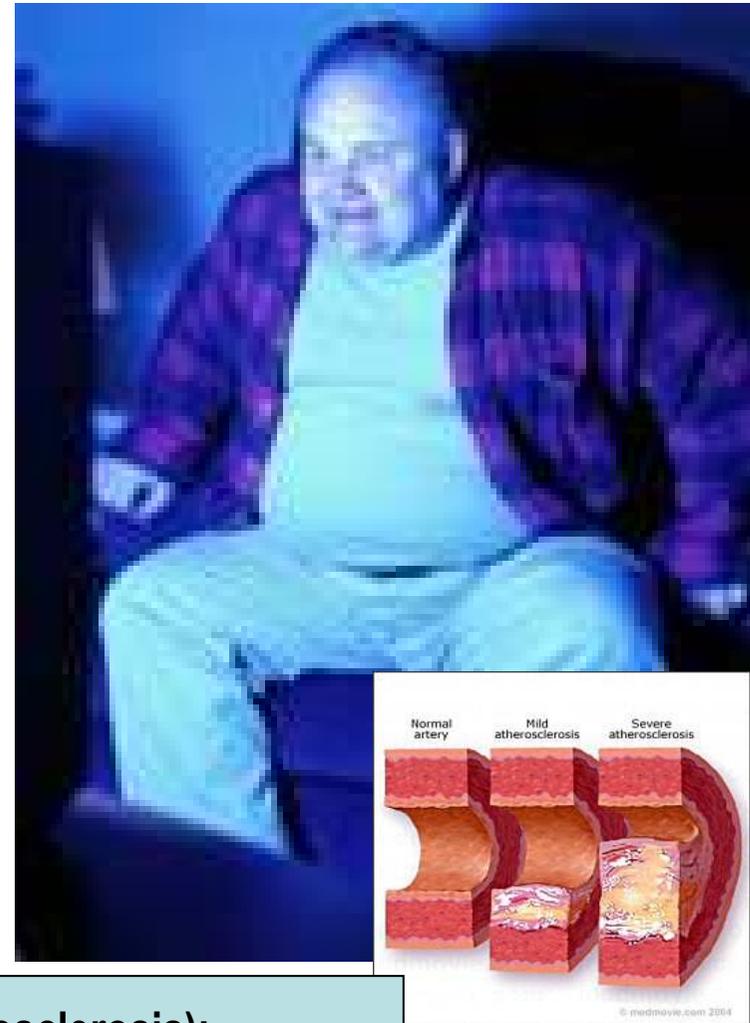
**Inflammation**  
Infiltration by inflammatory cells  
*Monocytes, lymphocytes*



# Low-grade inflammation in metabolic obesity, T2DM and atherosclerosis

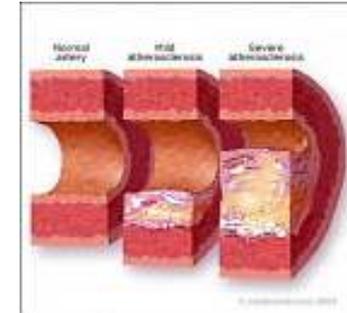
## *Atherosclerosis and T2DM represent inflammatory diseases*

- The body has not been adapted yet to states such as obesity, lack of exercise, smoking, hyperglycemia, atherosclerosis, hypertension, ageing etc
- These low-grade inflammatory states are thought to represent a mal-adaptation to these conditions
- Increase number of macrophages and inflammatory cytokines such as IL-1 and TNF- $\alpha$
- Proof of concept: Phase 2 clinical trials with inhibitors of IL-1( Anakinra) improves glycemic control in T2DM



**Metabolic syndrome (Risk factor for atherosclerosis):  
obesity, insulin resistance, dyslipidemia**

## Chronic inflammation promotes atherosclerosis



- **A common feature of all chronic inflammatory diseases is premature, accelerated atherosclerosis which represents a major cause of morbidity and mortality of these patients**
- **In rheumatoid arthritis patients with high-disease activity have resistance to insulin mediated by TNF- $\alpha$  which antagonizes the action of insulin at insulin.**
- **Ant-TNF treatment ameliorates insulin resistance by decreasing the phosphorylation at serine residues ( Sidiropoulos et al)**
- **Aggressive control of atherosclerotic risk factors in these patients and aggressive control of inflammation**

The inflammatory pathway involves several components

***Inducers, sensors, mediators, effectors***

*Mediators: TNF, IL-1, IL-6,*

*Effectors: T cells, B cells, macrophages, neutrophils, other cells  
(epithelial cells, endothelial, mesenchymal cells, adipocytes*

## Key points

- Inflammation underlies a wide variety of physiological and pathological processes.
- The classic instigators of inflammation — infection and tissue injury — are at one end of a large range of adverse conditions that induce inflammation, and they trigger the recruitment of leukocytes and plasma proteins to the affected tissue site.
- Tissue stress or malfunction similarly induces an adaptive response, which is referred to here as low-grade or para-inflammation.
- This response relies mainly on tissue-resident macrophages and is intermediate between the basal homeostatic state and a classic inflammatory response.
- Para-inflammation is probably responsible for the chronic inflammatory conditions that are associated with modern human diseases such as DM, atherosclerosis, degenerative diseases
- Inflammatory diseases are systemic diseases. TNF, IL-1 key cytokines
- Inflammation can be linked to cancer, fibrosis, degeneration, allergy and autoimmunity

# Inflammation: outstanding needs

- Need a more relevant definition of inflammation at the molecular and cellular level which
  - distinguishes inflammation from tissue injury/damage and repair/remodeling**
    - **considers the full range of severity and frequency**
    - **is more specific and more sensitive**
- Need for relevant biomarkers; the old biomarkers CRP, SAA not sensitive or specific



# Immunity, Inflammation and Autoimmunity in Humans

## *Nosology*

- ***Exogenous*** inflammation vs ***endogenous*** inflammation and associated diseases

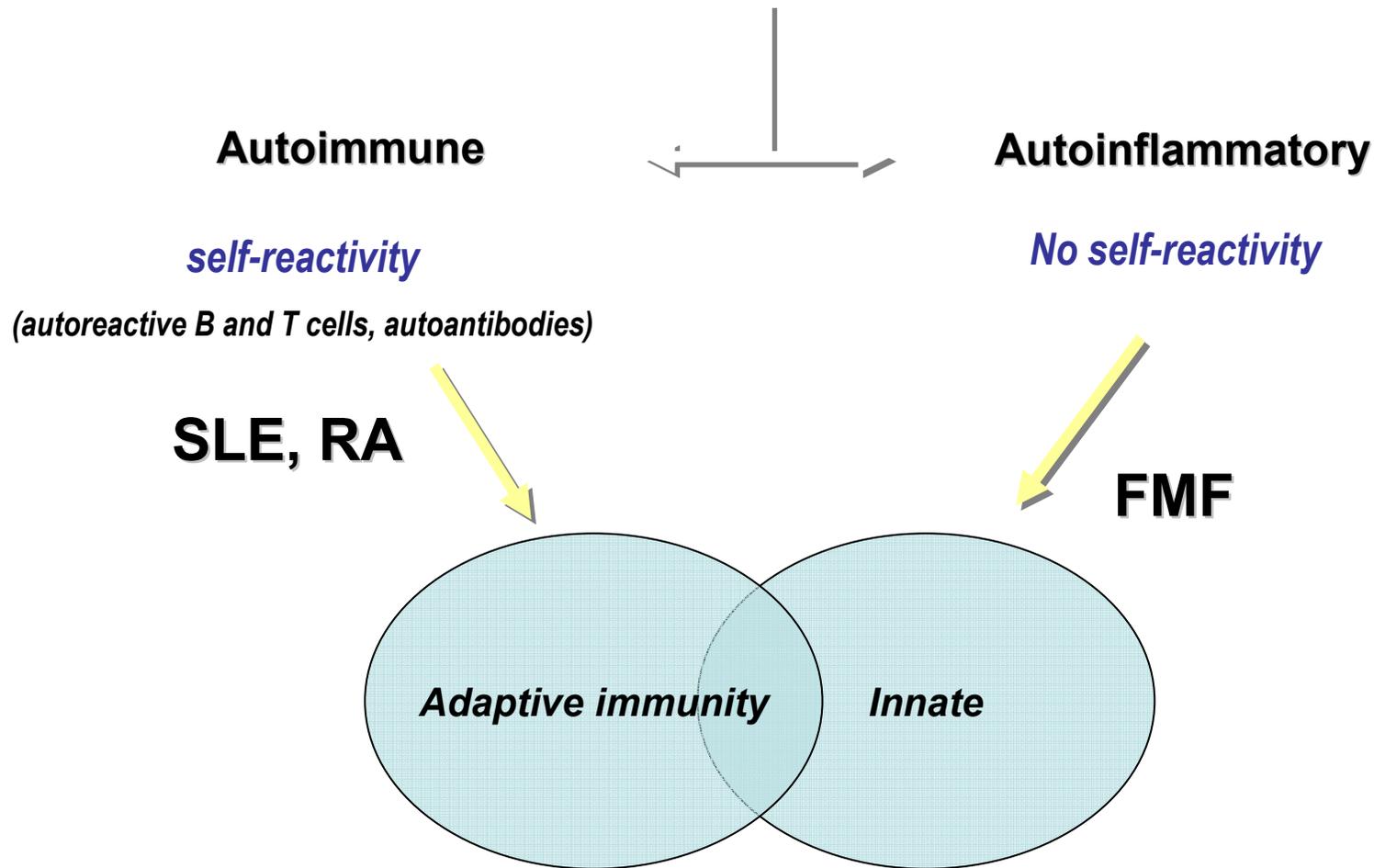
- ***Exogenous inflammation-associated diseases:***

- infections
    - allergens
    - toxic exposure: drugs, chemicals, pollution, **smoking**,
    - nutrients: gluten, **cholesterol, glucose**

- ***Endogenous inflammation: Auto-inflammation vs autoimmune inflammation***

- **Auto-inflammatory diseases:** Diseases of innate immunity
    - **Autoimmune diseases:** Diseases of innate and adaptive immunity

# Non-infectious inflammatory diseases from endogenous stimuli



***Initiation – amplification – progression of the inflammatory response***

# Horror Autoinflammaticus

The Molecular Pathophysiology of Autoinflammatory Disease

## The Molecular Pathophysiology of Autoinflammatory Disease.

- Initially coined by Kastner to describe FMF and TRAPS
- At present six categories of autoinflammatory disease
  - IL-1 $\beta$  activation disorders (inflammasomopathies)
    - NF- $\kappa$ B activation syndromes
    - Protein misfolding disorders: AS, TRAPS
    - Complement regulatory diseases,
    - Disturbances in cytokine signaling
    - Macrophage activation syndromes.



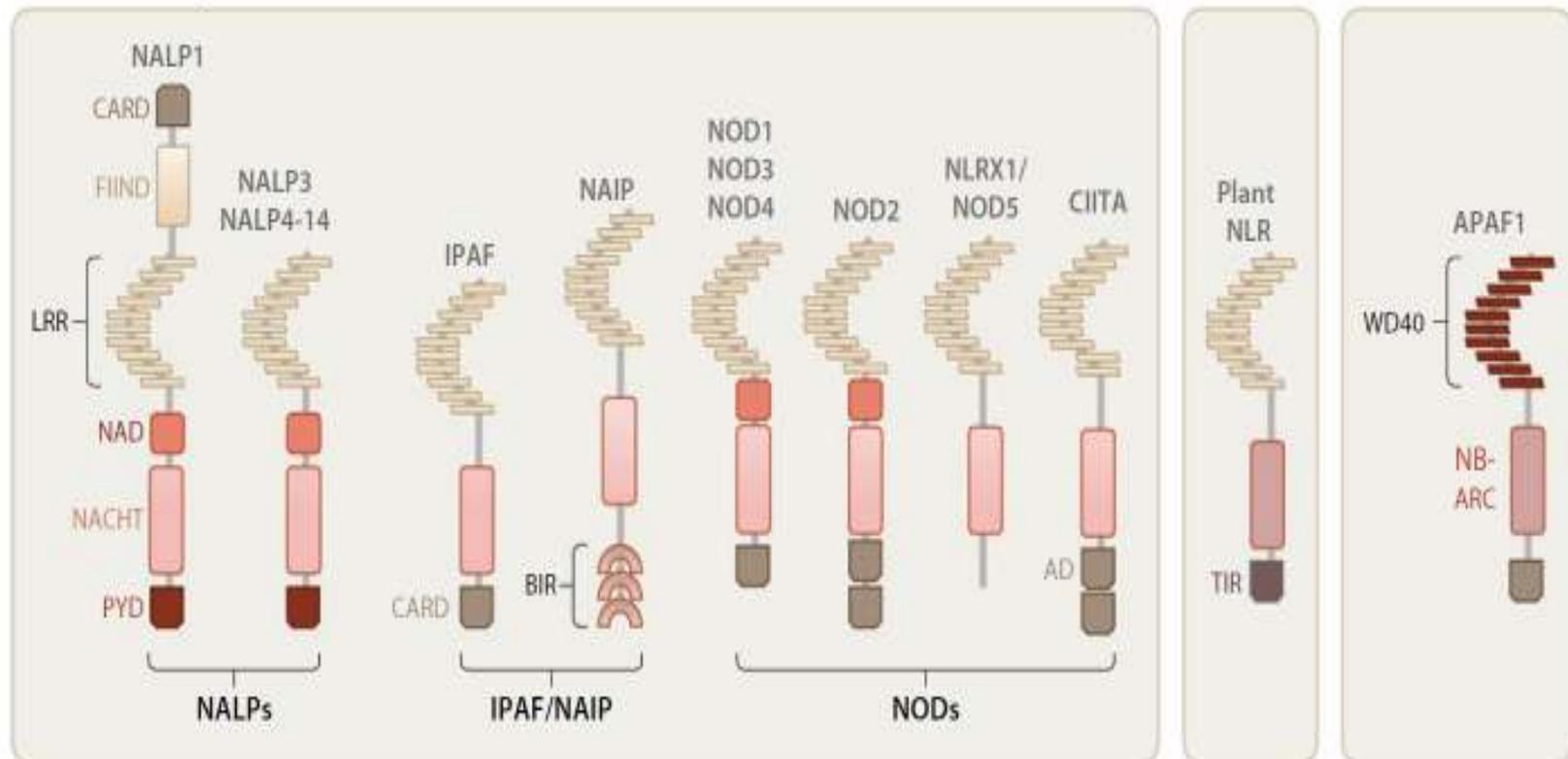
HLB27 MISFOLDING IN AS

# The Inflammasomes

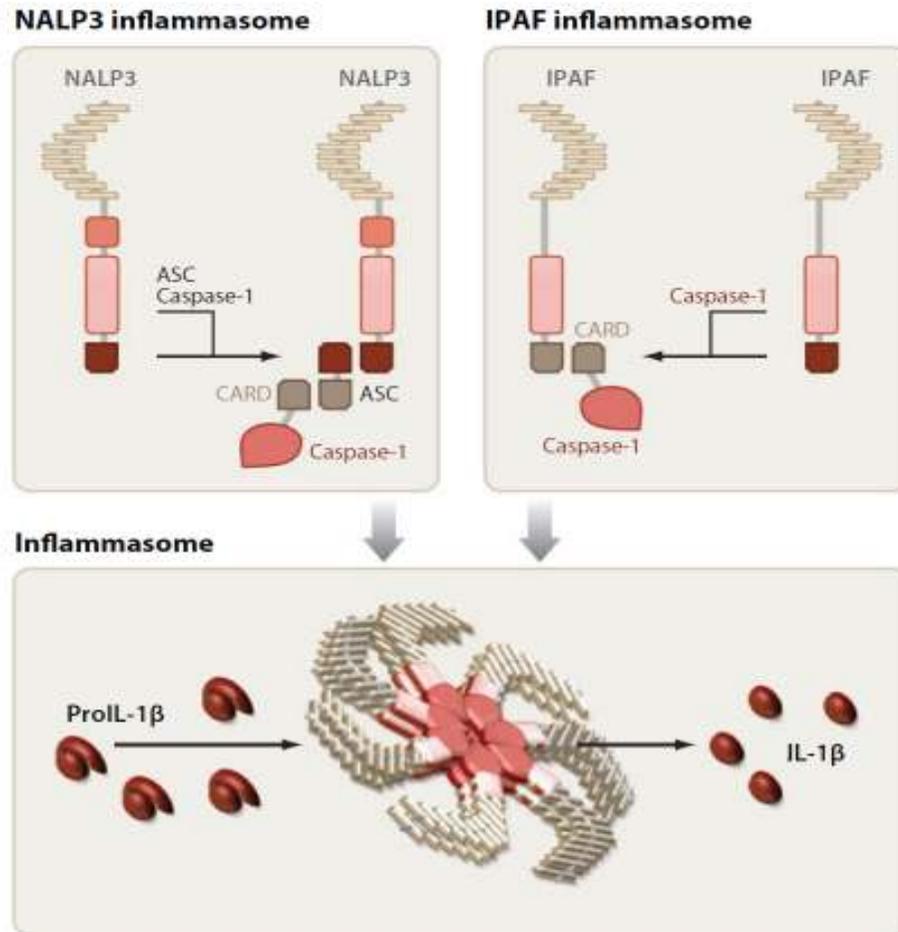
Guardians of the body and inflammation engines

# NOD-like receptors (NLRs) represent intracellular microbial sensors and physical and metabolic stress sensors

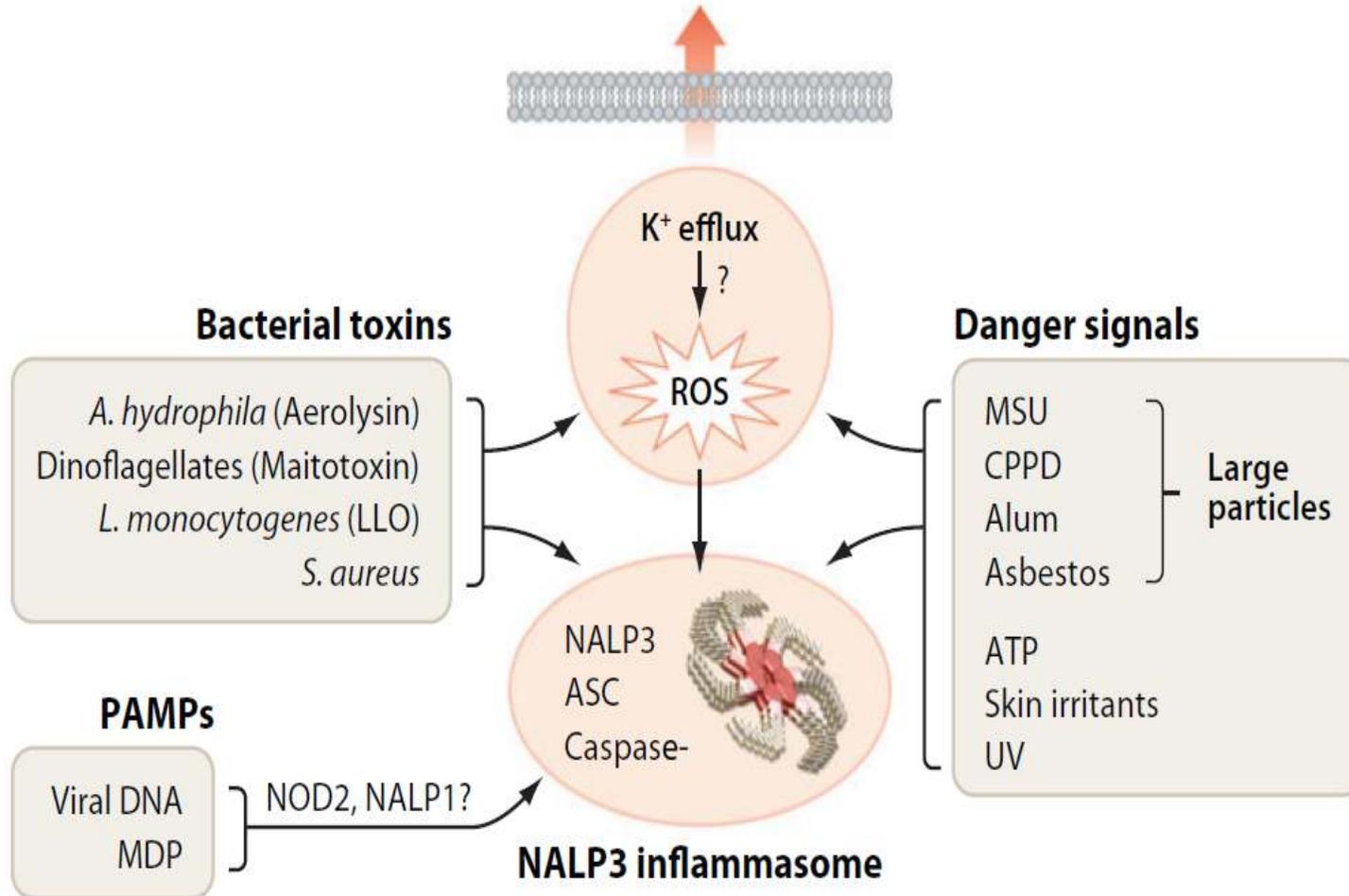
## NOD-like receptors



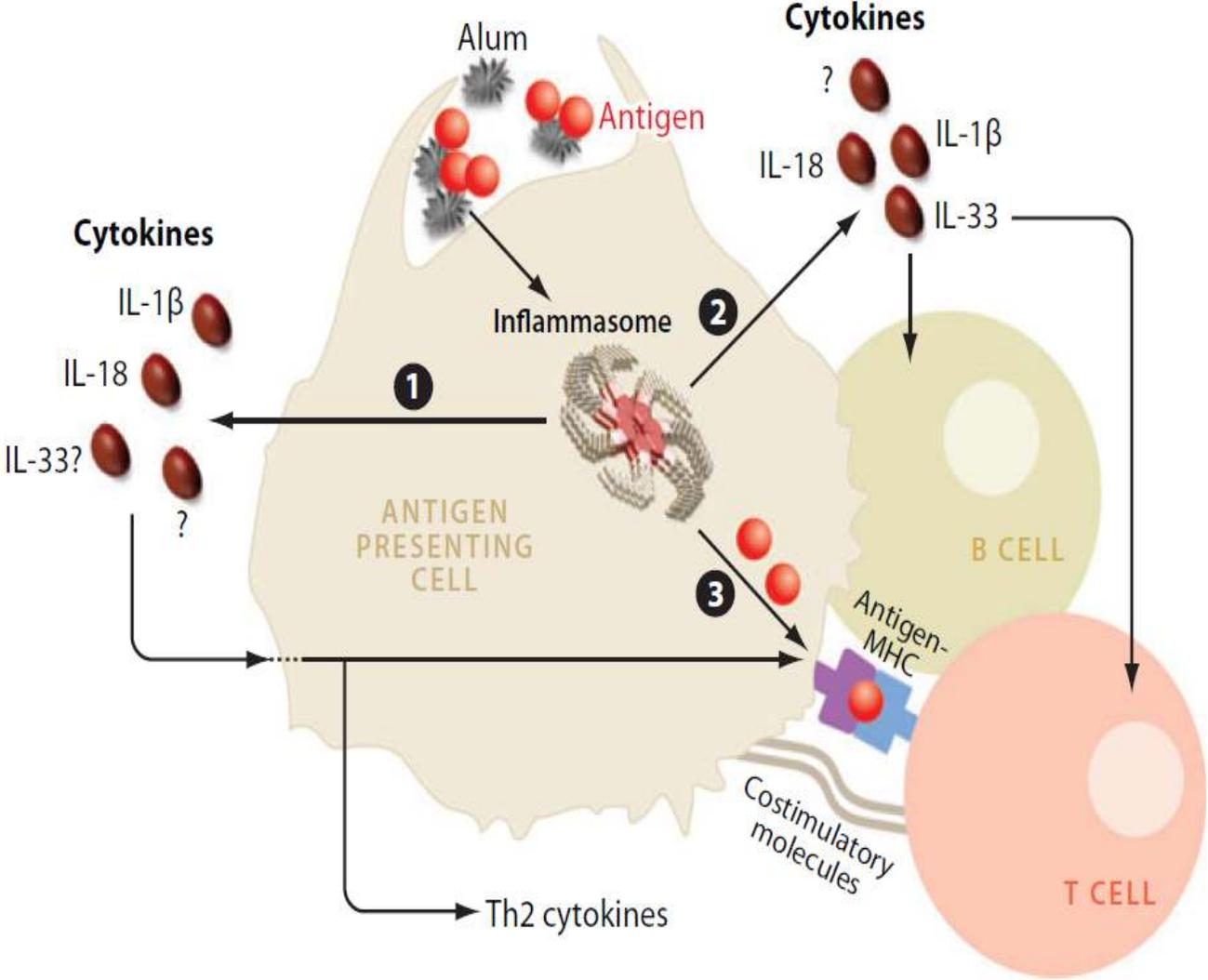
NLRs form large cytoplasmic complexes called inflammasomes that link the sensing to the proteolytic activation of the proinflammatory cytokines IL-1 $\beta$  and IL-18.



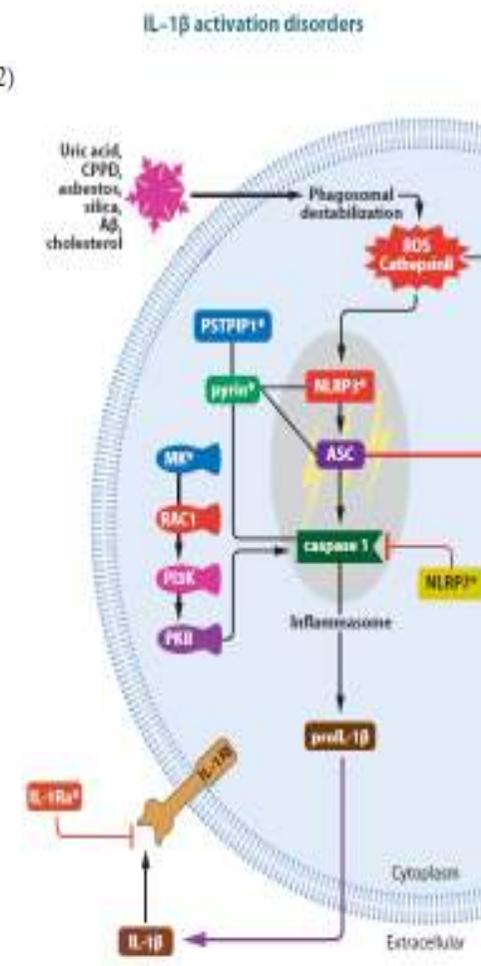
The NALP3 inflammasome has been associated with several autoinflammatory conditions including gout.



The NALP3 inflammasome is a crucial element in the adjuvant effect of aluminum and can direct a humoral adaptive immune response



Disease	Gene (chromosome)	Protein (synonyms) or <i>pathogenic stimulus</i>
<b>Type 1: IL-1<math>\beta</math> activation disorders (inflammasomopathies)</b>		
<i>Intrinsic</i> FCAS <sup>a</sup> , MWS <sup>b</sup> , NOMID <sup>c</sup> /CINCA <sup>d</sup>	<i>NLRP3/CIAS1</i> (1q44)	NLRP3 <sup>c</sup> (cryopyrin, NALP3, PYPAF1)
<i>Extrinsic</i> FMF <sup>f</sup>	<i>MEFV</i> (16p13.3)	Pyrin (marenostrin)
PAPA <sup>g</sup>	<i>PSTPIP1</i> (15q24-25.1)	PSTPIP1 <sup>h</sup> (CD2BP1 <sup>i</sup> )
CRMO <sup>j</sup> /SAPHO <sup>k</sup>	Complex	
Majeed syndrome	<i>LPIN2</i> (18p11.31)	Lipin-2
HIDS <sup>l</sup>	<i>MVK</i> (12q24)	Mevalonate kinase
Recurrent hydatidiform mole	<i>NLRP7</i> (19q13)	NLRP7 (NALP7, PYPAF3, NOD12)
DIRA <sup>m</sup>	<i>IL1RN</i>	IL-1Ra
<i>Complex/acquired</i> Gout, pseudogout	Complex	<i>Uric acid/ CPPD</i>
Fibrosing disorders	Complex	<i>Asbestos/silica</i>
Type 2 diabetes mellitus	Complex	<i>Hyperglycemia</i>
Schnitzler syndrome	Sporadic	



## FMF: Clinical Features

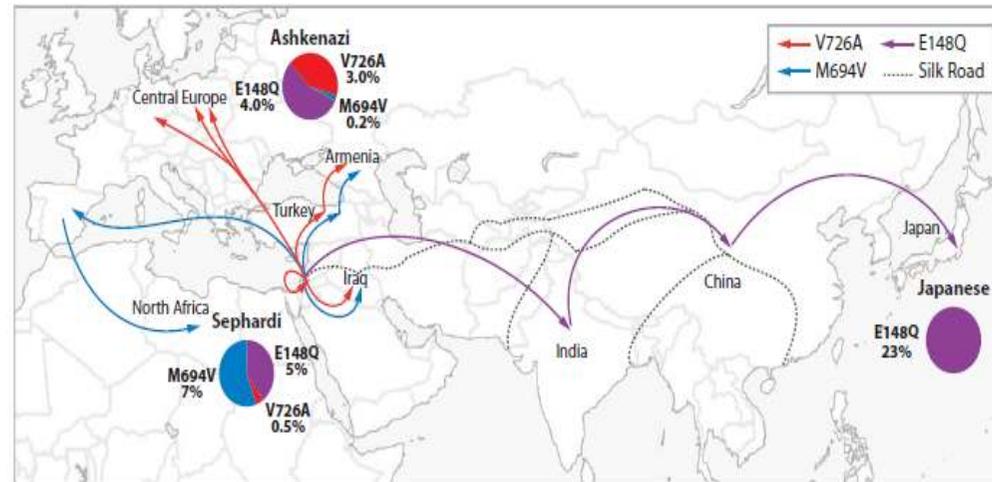
1-3 day episodes of fever with:

- Abdominal pain
- Chest pain
- Arthritis
- Rash



# FMF: mutation in the pyrin gene

a



b

Predicted structure of the pyrin B30.2/SPRY domain

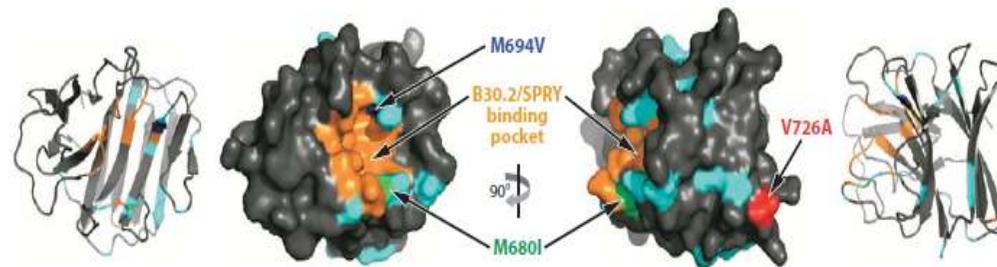
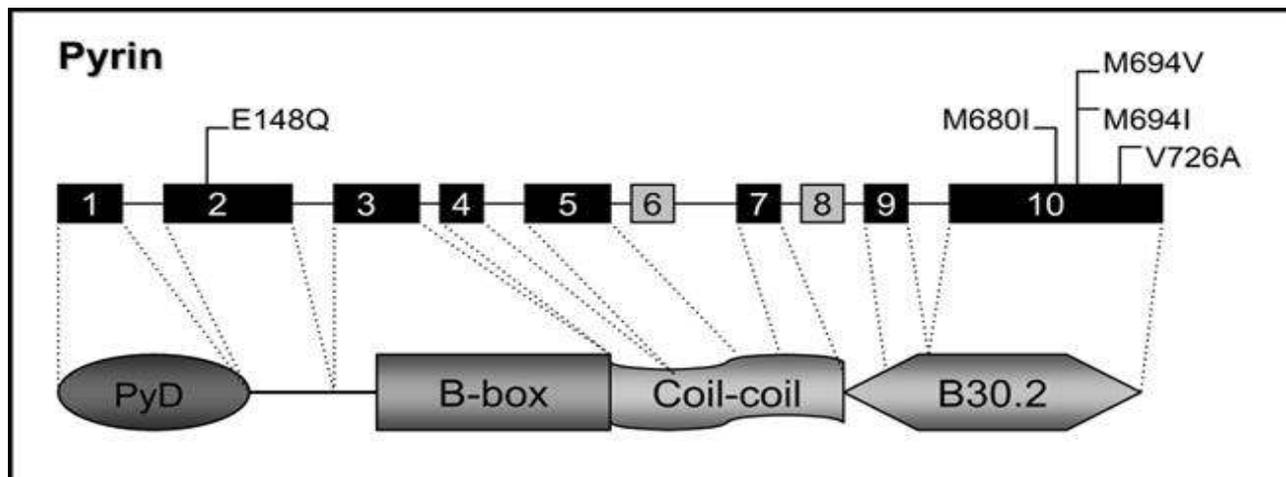


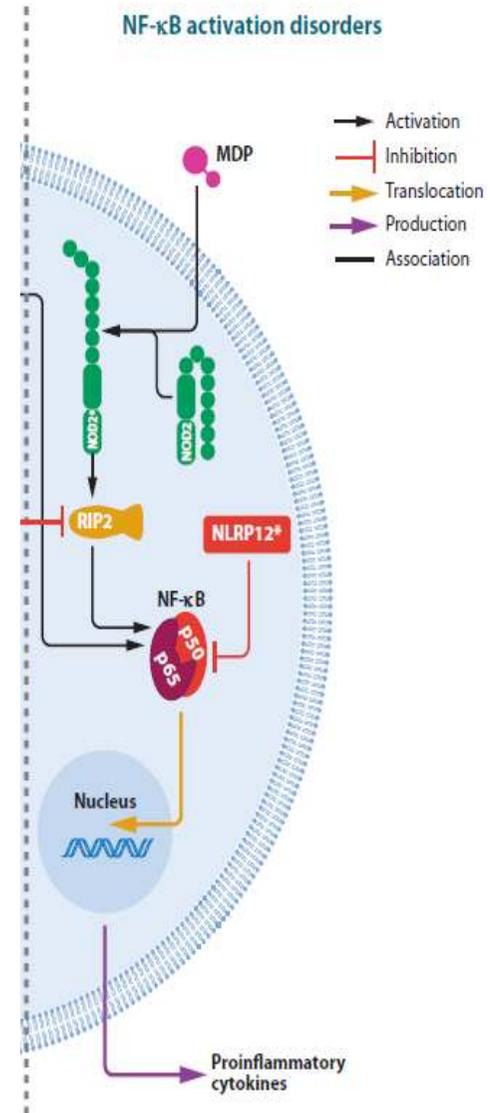
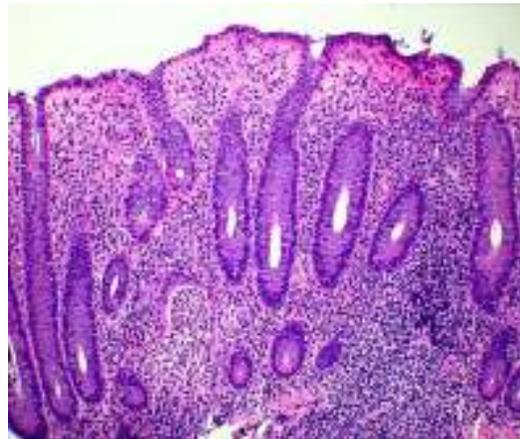
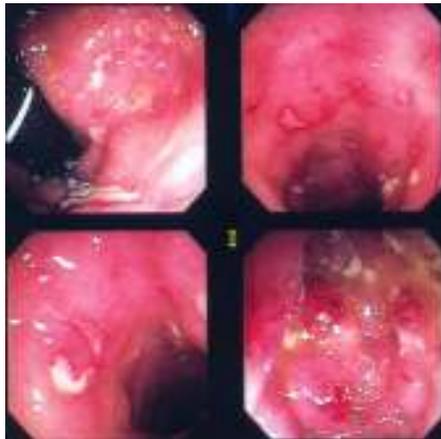
Figure 3

Familial Mediterranean Fever	Mutations of pyrin – an inflammasome inhibitor – may lead to defective down-regulation of inflammasome’s activation or to direct activation of caspase-1
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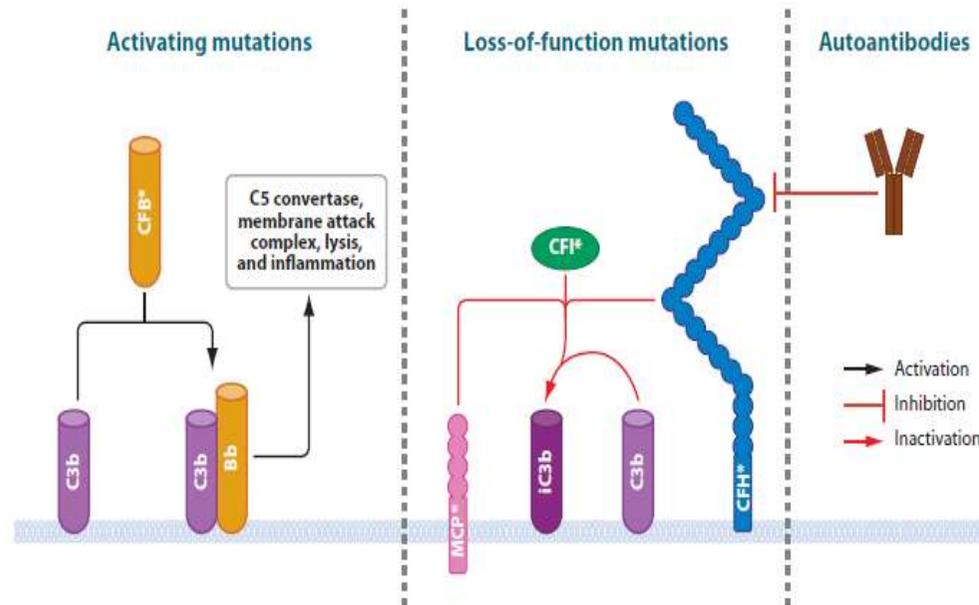
Sidiropoulos et al Ann Rheum Dis 2007

Type 2: NF-κB activation disorders	Gene	Stimulus
Crohn's disease	Complex <i>NOD2</i> (16p12) <i>ATG16L1</i> (2q37.1) <i>IRGM</i> (5q33.1)	<i>Muramyl dipeptide</i> <i>NOD2</i> <sup>h</sup> (CARD15) <i>ATG16L1</i> <sup>o</sup> <i>IRGM</i> <sup>p</sup>
Blau syndrome	<i>NOD2</i> (16p12)	<i>NOD2</i> (CARD15)
FCAS2 (Guadaloupe periodic fever)	<i>NLRP12</i> (19q13.4)	<i>NLRP12</i> (NALP12)

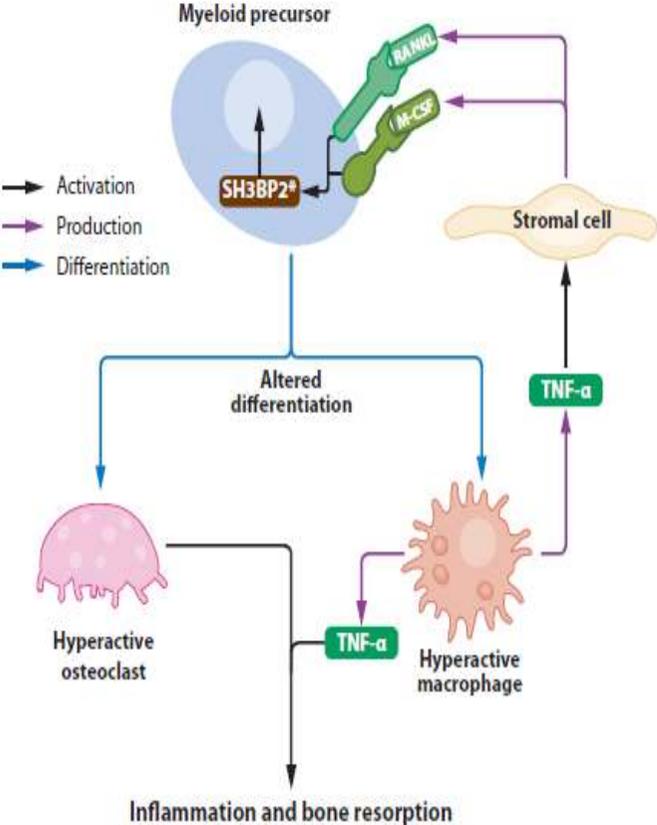


# Complement activation syndromes

Type 4: Complement disorders		
aHUS <sup>21</sup>	<i>CFH</i> (1q32) <i>MCP</i> (1q32) <i>CFI</i> (4q25) <i>CFB</i> (6p21.3)	Complement factor H MCP <sup>22</sup> (CD46) Complement factor I Complement factor B
AMD <sup>22</sup>	Complex Complex <i>CFH</i> (1a32)	<i>Autoantibodies</i>  Complement factor H

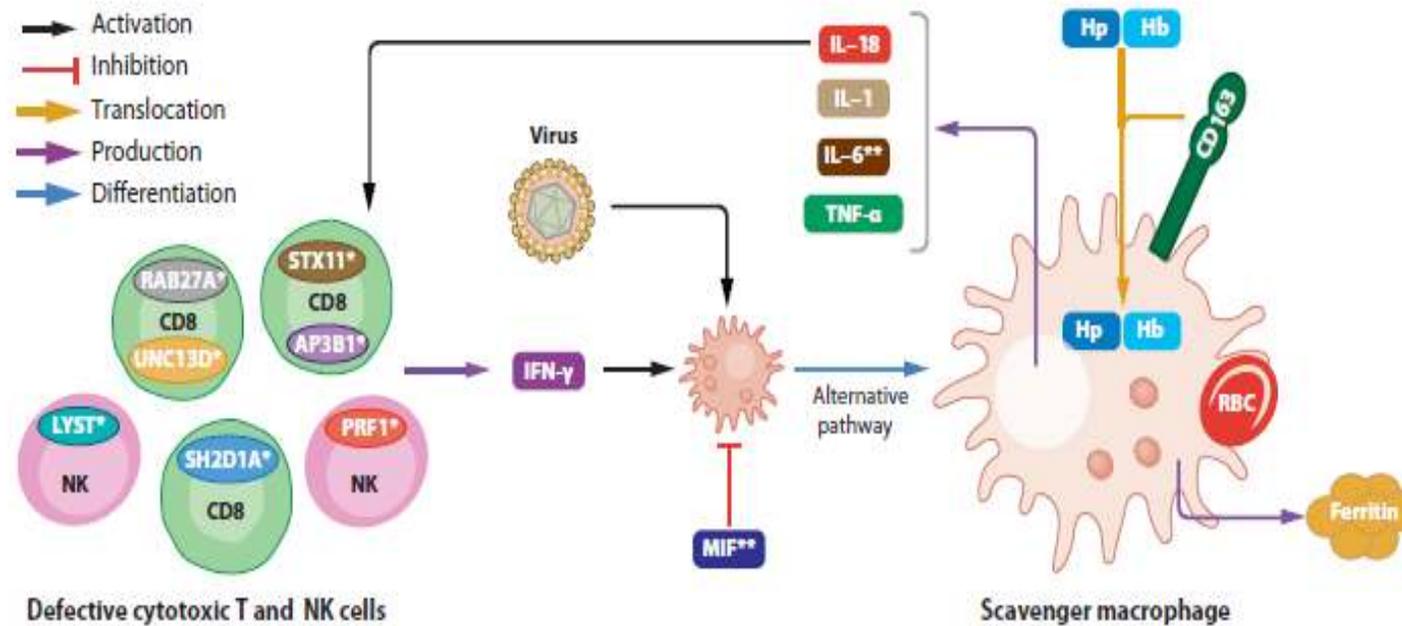


# Aberrant cytokine signaling: cherubism



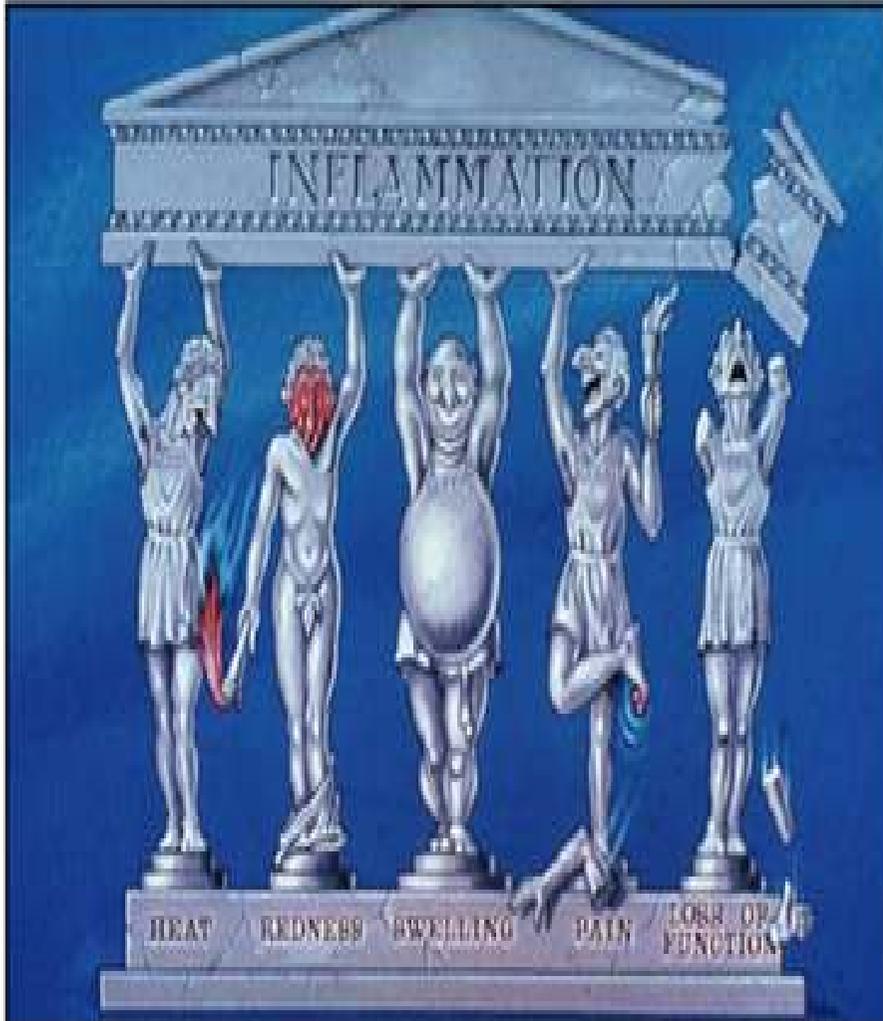
# Macrophage activating syndromes: Molecular lesions that affect their activation

Type 6: Macrophage activation		
Familial HLH <sup>a</sup>	<i>UNC13D</i> (17q21.1) <i>PRF1</i> (10q22) <i>STX11</i> (6q24.2) Complex	Munc13-4 Perforin 1 Syntaxin 11 <i>Virus</i>
Chediak-Higashi syndrome	<i>LYST</i> (1q42.3)	<i>LYST</i> <sup>b</sup> (CHS1)



Disease	Gene (chromosome)	Protein (synonyms) or <i>pathogenic stimulus</i>
Griscelli syndrome	<i>RAB27A</i> (15q21.3)	RAB27A
X-linked lymphoproliferative syndrome	<i>SH2D1A</i> (Xq25)	SAP <sup>a</sup>
Hermansky-Pudlak syndrome	<i>HPS1-8</i>	HPS1-8 <sup>aa</sup>
Secondary HLH	Complex	
Atherosclerosis	Complex	<i>Cholesterol</i>

## Inflammation



## Autoimmunity



## Rheumatoid arthritis AND systemic lupus erythematosus



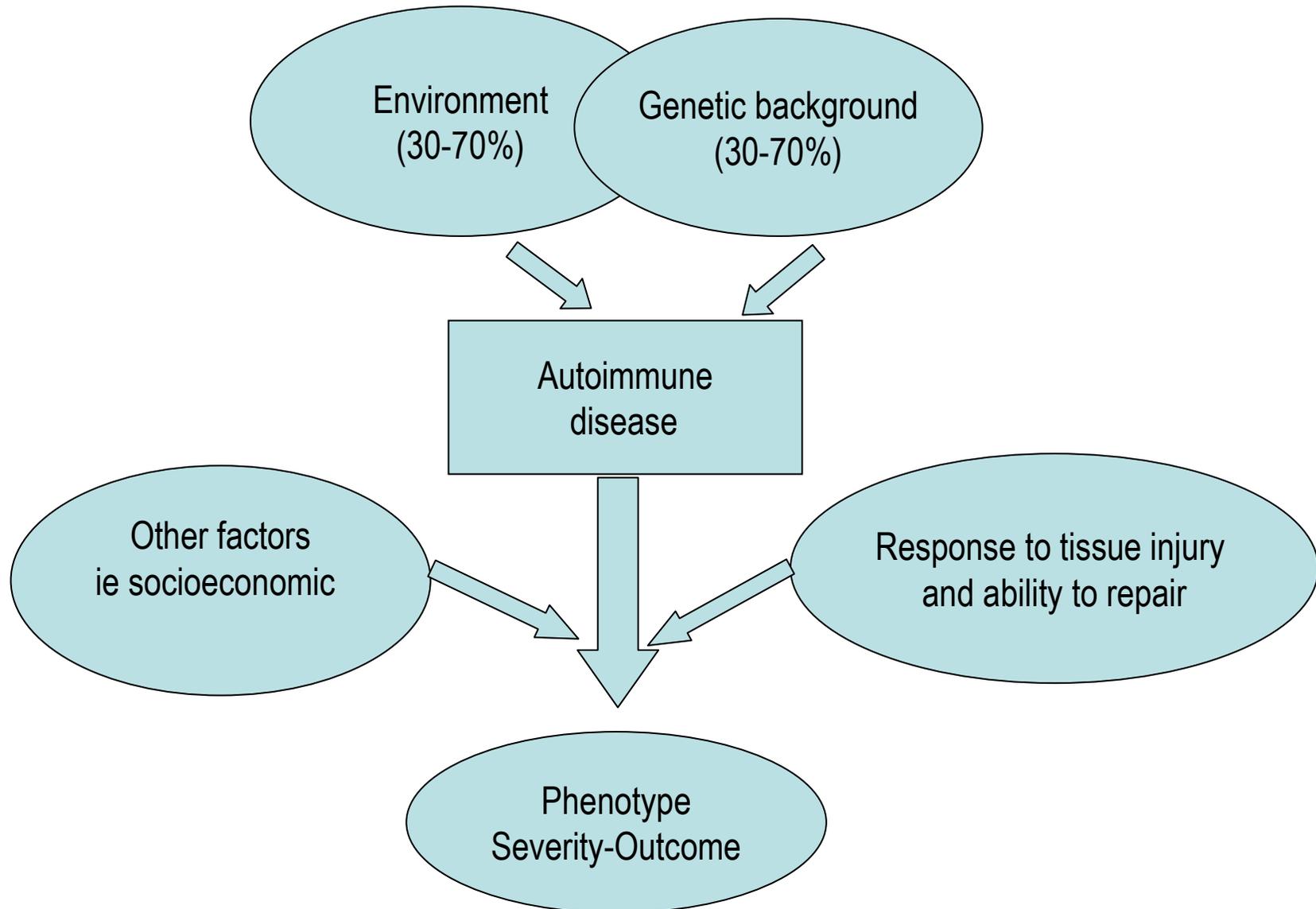
Unique tools to gain insights into inflammation and autoimmunity

# Pathogenesis of autoimmune diseases

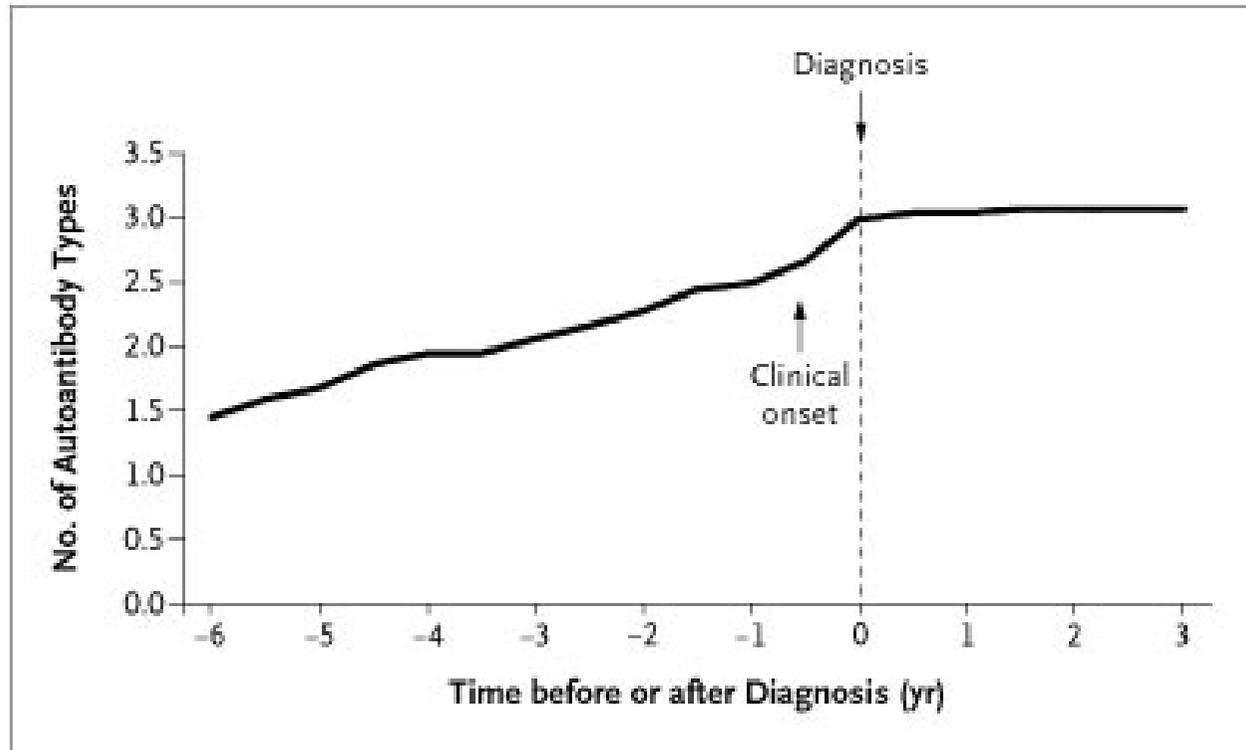
**Etiology is unknown but the pathogenetic mechanisms are well delineated**

## Complex Pathogenesis in autoimmune/inflammatory diseases

Etiology is unknown but the pathogenetic mechanisms are well delineated



## Accumulation of Systemic Lupus Erythematosus Autoantibodies

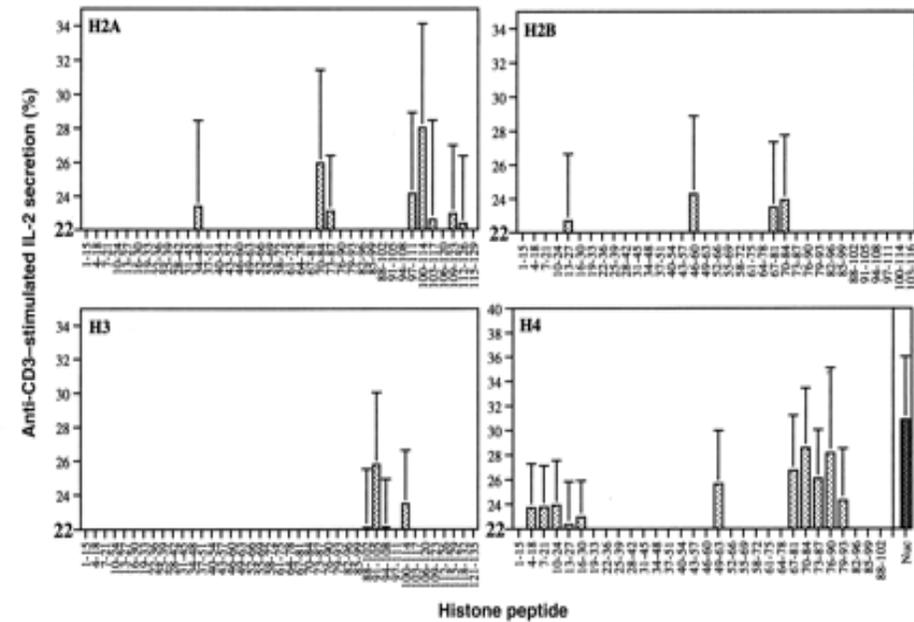
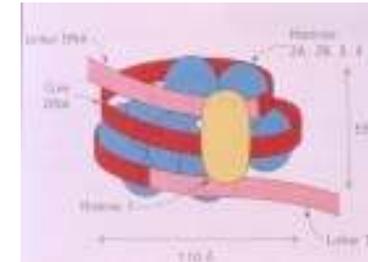
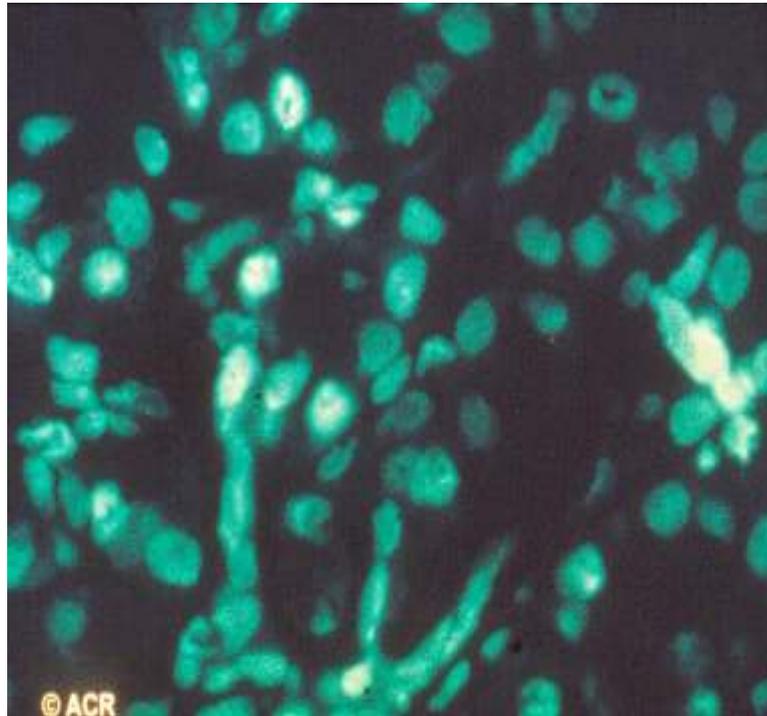


# Autoimmunity

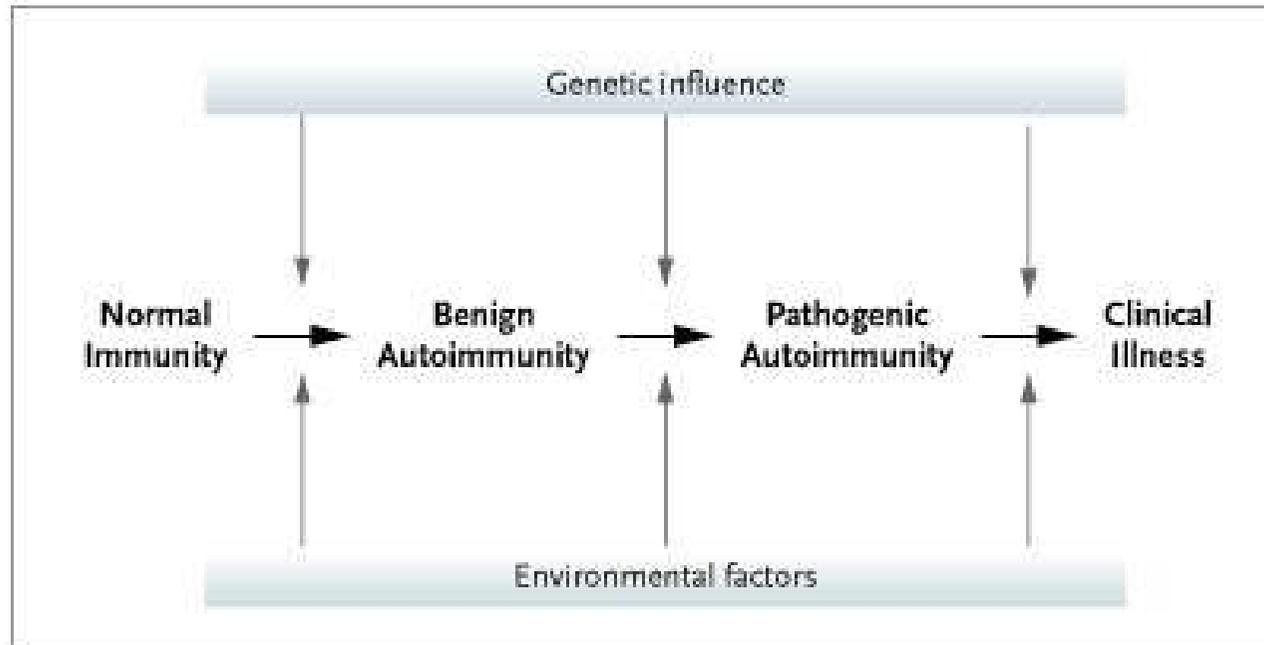
- Low level of auto-reactivity is crucial for the normal function of the immune system
- ***Autoimmunity***: adaptive immunity against self-constituents (auto-antibodies and auto-reactive T cells)
- ***Autoimmune disease***: adaptive immunity against self-constituents in the absence of infection or other discernible cause resulting in tissue injury or dysfunction
- Autoimmunity although in some cases can be linked to inflammation represents a distinct process



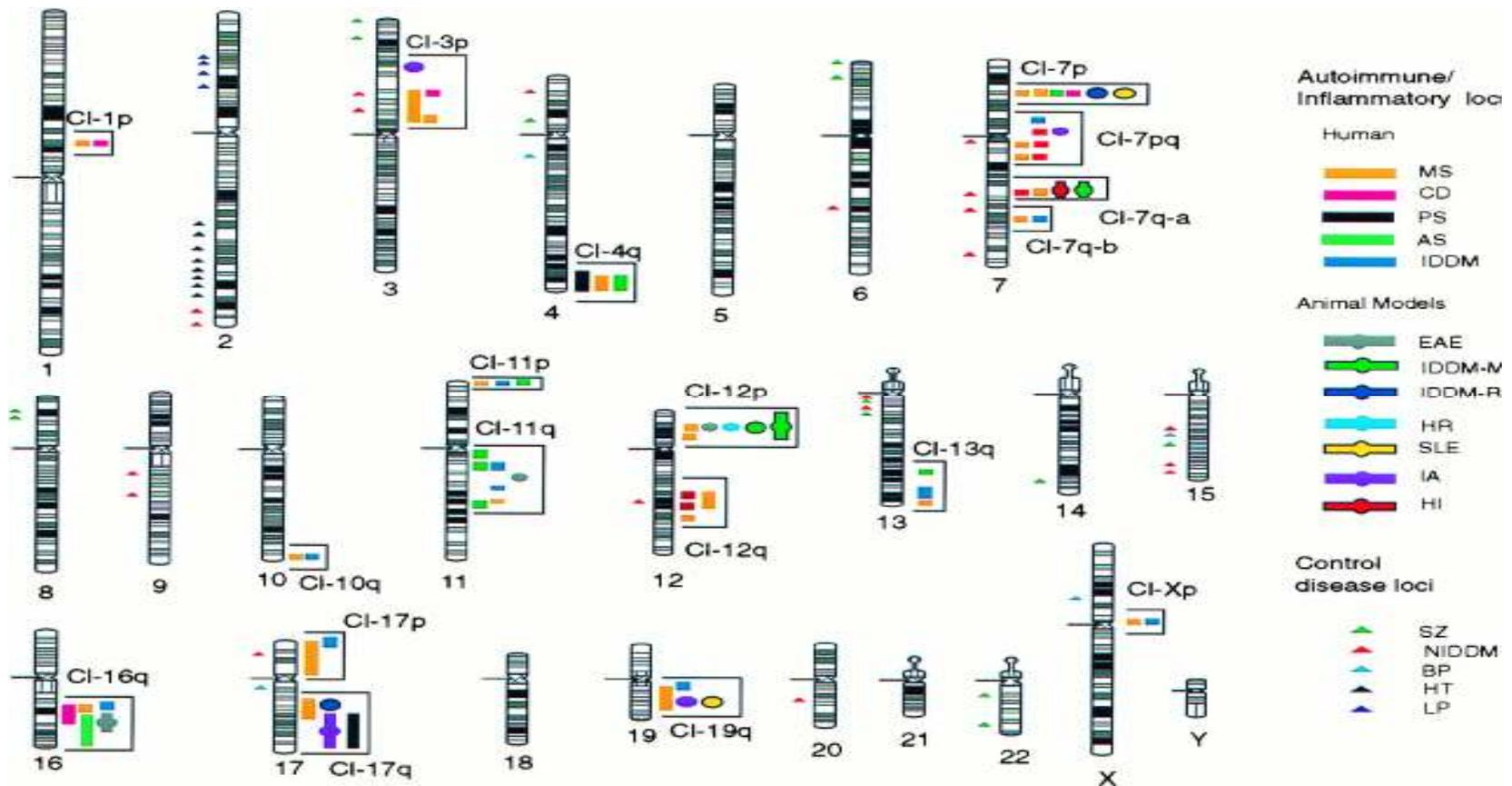
# Antinuclear antibodies ( ANA) and T cell responses vs histonic peptides in SLE



## Phases in the Development of Pathogenic Autoimmunity



# Multiple loci in man and in mice; some common across a variety of diseases



Becker KG et al. Proc Natl Acad Sci U S A 1998;Aug 18:95

## Confirmed genetic associations in AD

Intracellular signaling  
and receptors

Intracellular pattern  
recognition receptors

Cytokines and receptors

Autophagy related

Table 1 Genetic loci with confirmed associations with human autoimmune disorders

Gene	Location	Function	Diseases <sup>a</sup>
<b>Intracellular signaling molecules and receptors</b>			
<i>PTPN22</i>	1p13.3	TCR and BCR signaling and other?	RA, SLE, AITD, T1D
<i>BANK1</i>	4q22	B cell activation/BCR signaling	SLE
<i>TNFAIP3</i>	6q23	Ubiquitin editing enzyme; inhibitor of TNFR signaling/NF- $\kappa$ B pathway	RA, SLE, CD
<i>BLK</i>	8p23	B cell activation	SLE
<i>PTPN2</i>	8p11.3	Negative regulator of T cell activation	CD, T1D
<i>TRAF1</i>	9q33	Regulates TNFR signaling/NF- $\kappa$ B pathway	RA
<b>Intracellular pattern-recognition receptors</b>			
<i>IFIH1</i>	2q24	Receptor for viral dsRNA	T1D, GD
<i>NOD2/CARD15</i>	16q12	Intracellular receptor for bacteria, signals via NF- $\kappa$ B	CD
<b>Transcription factors</b>			
<i>REL</i>	2p13	Member of NF- $\kappa$ B	RA
<i>STAT4</i>	2q32.2	Regulates IFN- $\gamma$ pathway	RA, SLE
<i>IRF5</i>	7q32	Regulates type I IFN pathway	SLE
<i>NKX2-3</i>	10q24.2	Regulates development of intestinal and secondary lymphoid organs and B and T cell homing	CD
<b>Cytokines and cytokine receptors</b>			
<i>IL2/IL21</i>	4q26	T cell regulation	T1D, RA, Celiac disease
<i>IL23R</i>	1p31.1	Th17 homeostasis	PSA, PSO, CD, AS
<i>IL7RA</i>	5p13	Memory T cell homeostasis	MS
<i>IL2RA</i>	10p15.1	T cell/Treg homeostasis	MS, T1D, GD
<i>IL12B</i>	15q31.1	Development of T cell subsets, Th1 and Th17	PSO, CD
<b>Membrane receptors and cosimulatory molecules</b>			
<i>CTLA4</i>	2q33	T cell costimulation inhibitory	T1D, RA
<i>ITGAM</i>	16p11.2	Immune complex clearance/leukocyte adhesion	SLE
<i>CD40</i>	20q12	B/T cell costimulation Production of IgM, TNF- $\alpha$ , IL-2 via NF- $\kappa$ B pathway	RA
<b>Autophagy related</b>			
<i>ATG16L1</i>	2q37.1	Autophagy	CD
<i>IRGM</i>	5q33.1	Autophagy	CD
<b>Enzymes</b>			
<i>ARTS1</i>	5q15	Peptide trimming for MHC I	AS
<i>PADI4</i>	1p36.13	Enzymatic peptide citrullination	RA
<b>Autoantigens</b>			
<i>INS</i>	11p15.5	Target autoantigen	T1D
<i>TSHR</i>	14q31	Target autoantigen	AITD

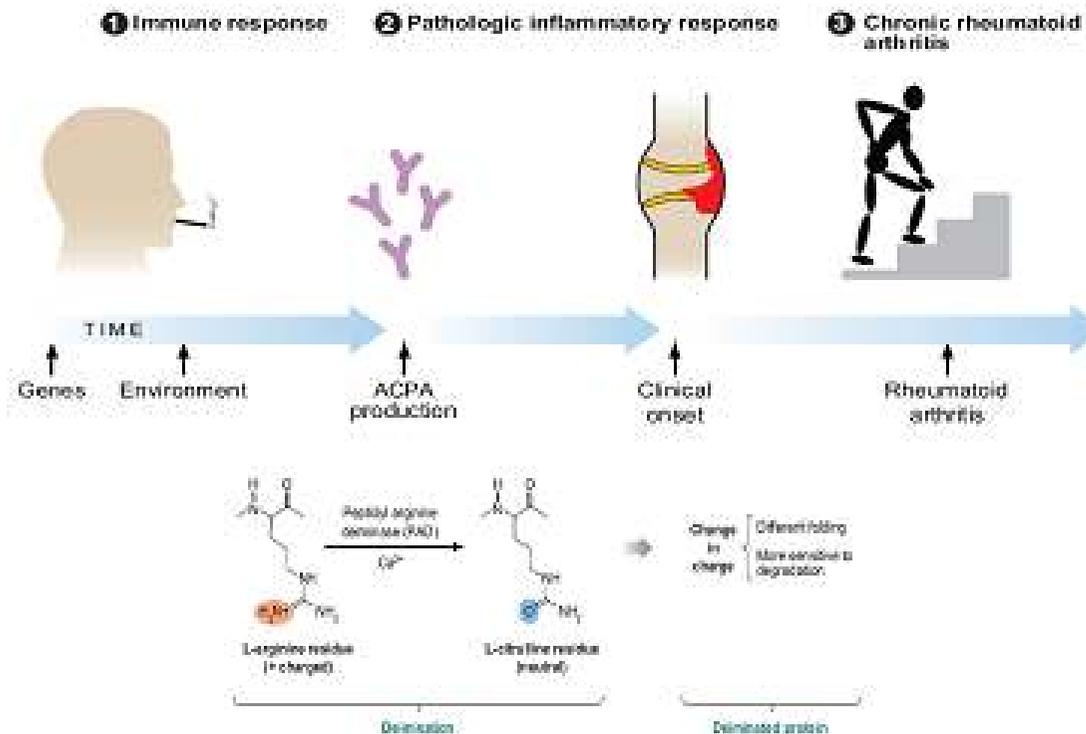
## GWAS in autoimmune diseases: general themes

- Autoimmune disorders have a complex genetic basis
- Multiple genes contribute to disease risk, each with generally modest effects independently.
- Common genes underlie multiple autoimmune disorders.
- Heterogeneity among subphenotypes within a disease and across major racial groups.
- The current crop of genetic associations are only the start of a complete catalog of genetic factors for autoimmunity
- It remains unclear to what extent common variation versus multiple rare variants contribute to disease susceptibility.

PTPN2 risk alleles in Europe

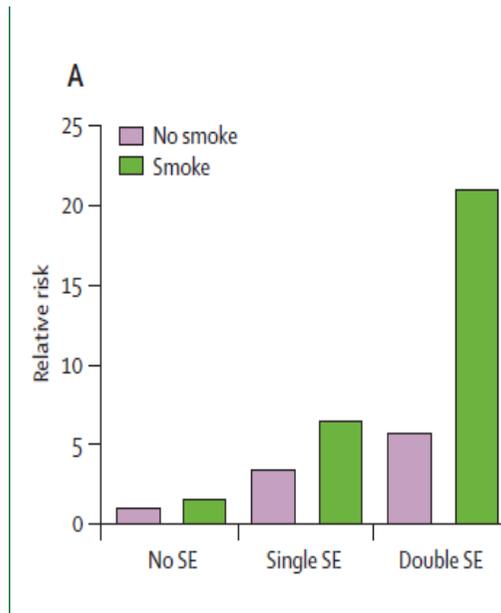


## Interplay between genes and environment in RA



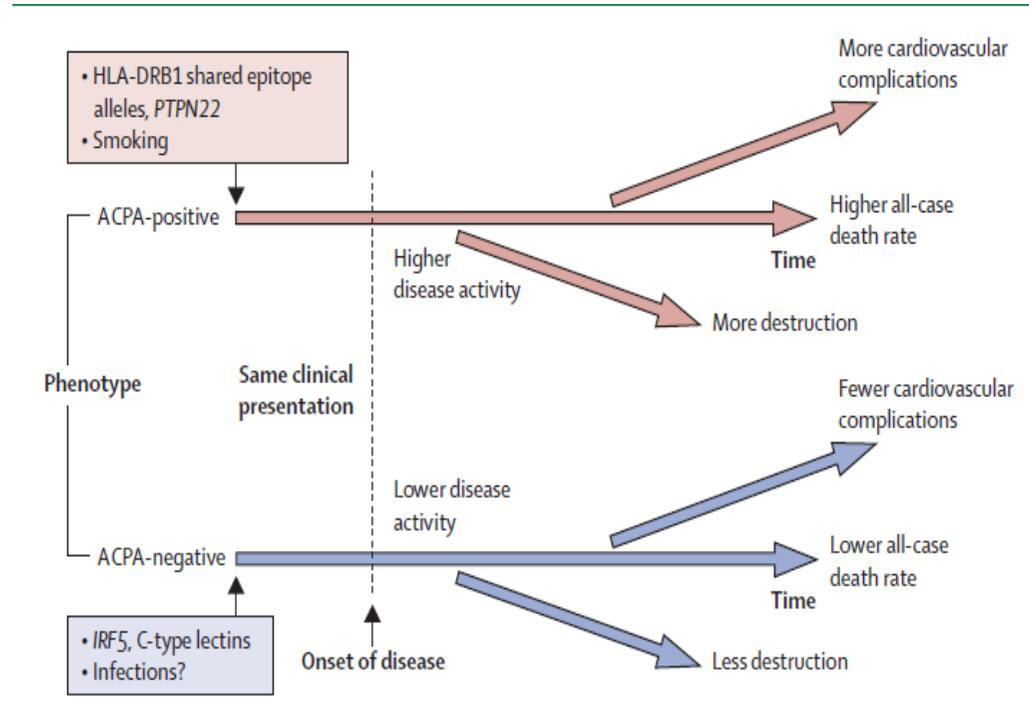
Smoking causes citrullination of proteins in the lungs and the joints:  
antibodies to citrullinated proteins appear in patients with certain HLA-haplotypes several years before the disease

**In genetically susceptible patients with the shared epitope ( HLA-DR4) smoking increases significantly the risk but only in patients with anti-CCP antibodies**



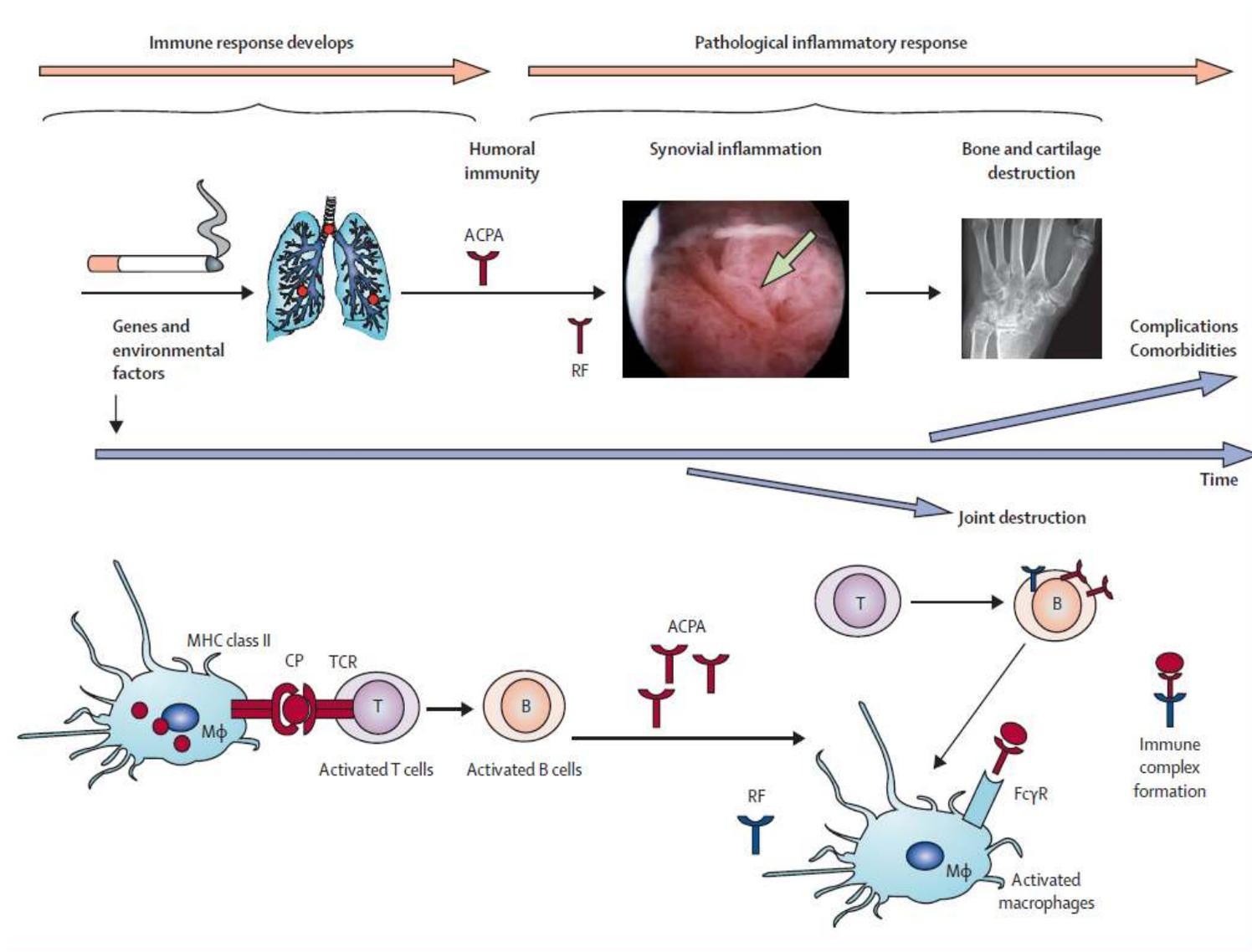
Same phenotype ( albeit more severe diseases) but different subset of the disease as defined by serology and genetics

# Difference in risk factors, immune response and disease outcomes in subsets of RA



Similar phenotype

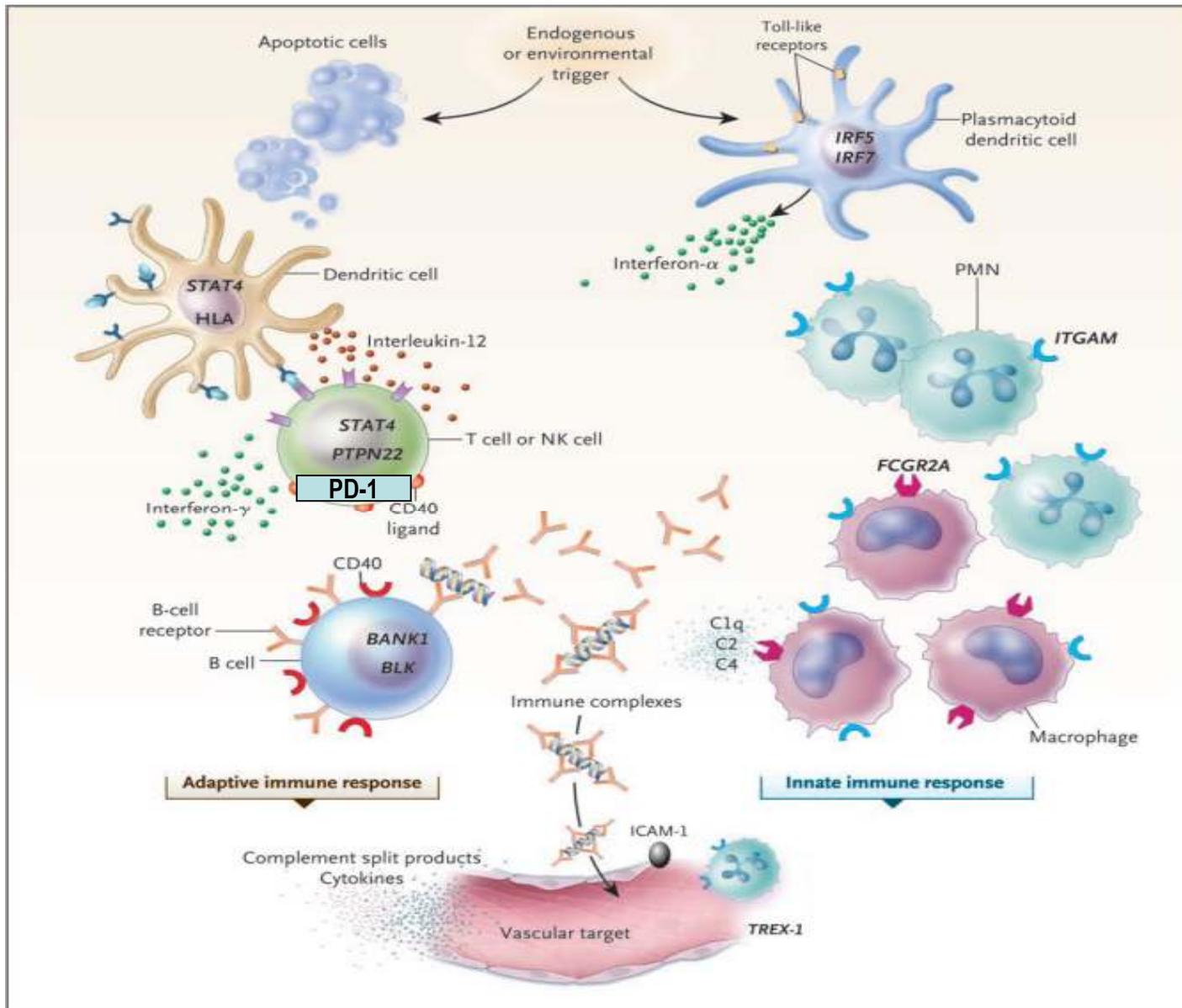
# Putting everything together genes, environment and immune inflammatory response in RA



**Table 1.** New and Confirmed Genetic Variants Conferring a Significant Risk of Systemic Lupus Erythematosus in Two Genomewide Association Studies.\*

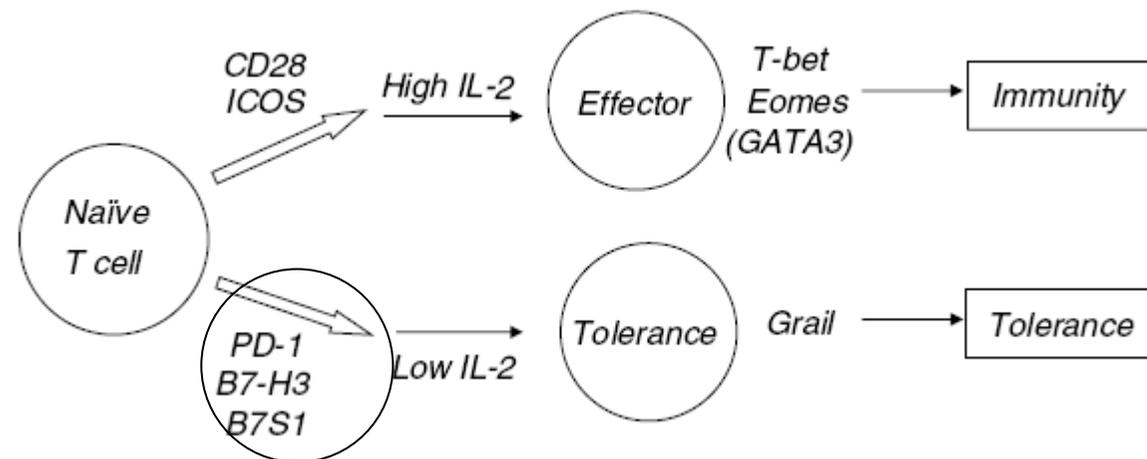
Gene	Genome Location	Proposed Function
HLA†	6p21.33	Presentation of antigen
HLA‡	6p21.32	Presentation of antigen
<i>ITGAM</i> ‡	16p11.2	Adhesion of leukocytes to endothelial cells
<i>IRF5</i> ‡	7q32.1	Production of interferon- $\alpha$
<i>KIAA1542</i> †	11p15.5	Linkage disequilibrium with <i>IRF7</i> ; production of type I interferon
<i>PXK</i> †	3p14.3	Unknown effect of serine–threonine kinase
<i>PTPN22</i> †	1p13	Inhibition of lymphocyte activation
<i>FCGR2A</i> †	1q23	Clearance of immune complexes
<i>STAT4</i> ‡	2q32	Modulation of the production of cytokines in T cells and natural killer cells; activation of response of macrophages to interferon- $\alpha$
<i>BLK</i> §	8p23.1	Activation of B cells

# Genes, environment and immune response (innate and adaptive) in SLE



## Functional genetics in human SLE

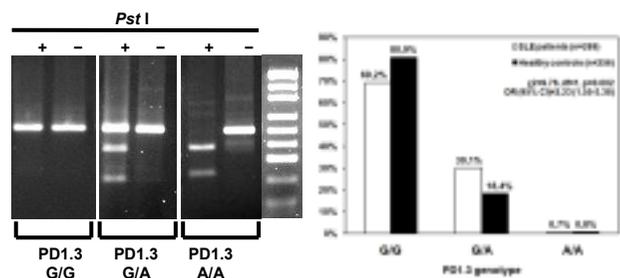
The role of PD-1 in regulation of T cell tolerance in systemic lupus erythematosus



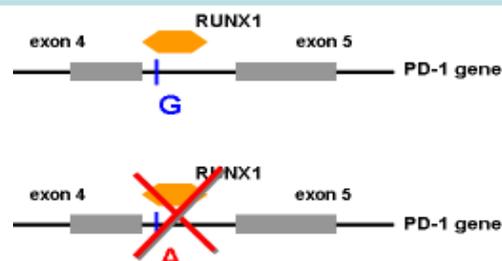
T-cell tolerance or effector function depends on the balance between co-stimulatory and inhibitory signals

## Defective expression and function of PD-1 in human SLE:

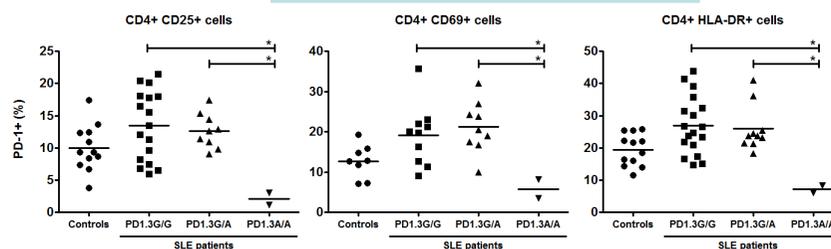
Increased frequency of the regulatory PD1.3A SNP in SLE patients



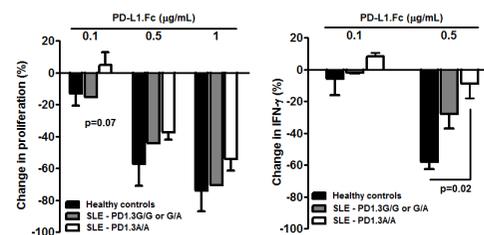
Disruption of a RUNX1-binding site in PD1 gene



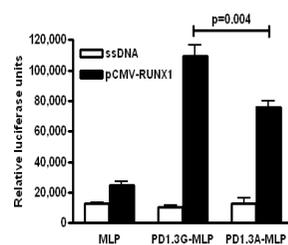
Decreased PD-1 expression in presence of PD1.3A SNP



Defective PD-1-mediated suppression of T cells



SLE patients have defective induction of PD-1 in an in vitro model of auto-reactivity



## Immune system and systemic autoimmunity

- **During the last 50 years emphasis on adaptive immunity ( auto-antibodies, T cells)**
- **In recent years several observations have increased the interest on the innate immunity and its role on the pathogenesis of autoimmunity**
- **Genetic studies have shown the involvement of genes of innate immunity such as interferon regulatory factor 5 (TLR signaling) and NALP1**
- **Increased interferon a in SLE**
- **Complement deficiencies may predispose to SLE**
- **The realization that the production of inflammatory cytokines including IFN-a may be mediated by endogenous ligands such as immune complexes**

## Modern genetics and ancient defenses in autoimmunity

ORIGINAL ARTICLE

### *NALP1* in Vitiligo-Associated Multiple Autoimmune Disease

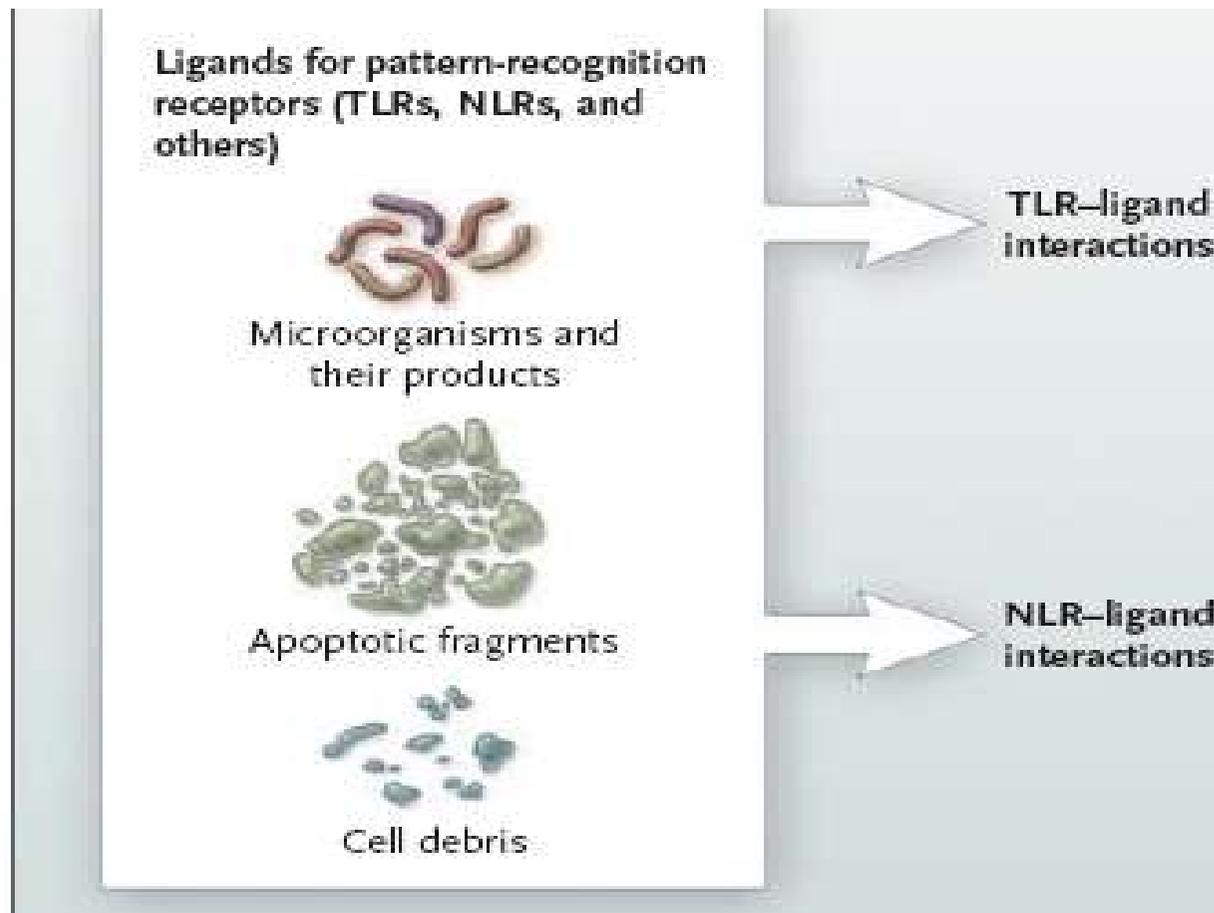
N Engl J Med 2007;356:1216-25.

ized vitiligo, autoimmune thyroid disease, latent autoimmune diabetes in adults, rheumatoid arthritis, psoriasis, pernicious anemia, systemic lupus erythematosus, and Addison's disease.

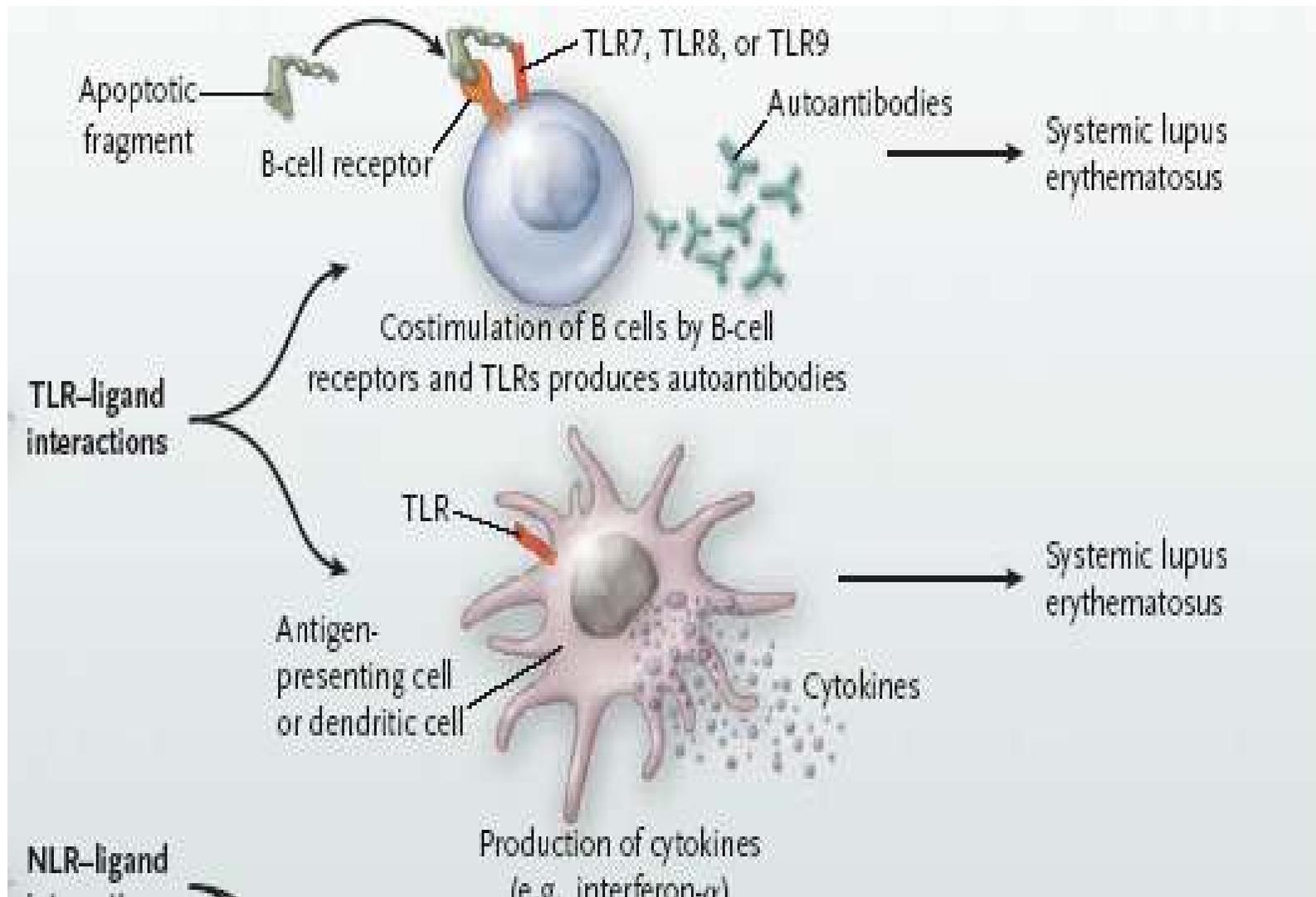
#### **CONCLUSIONS**

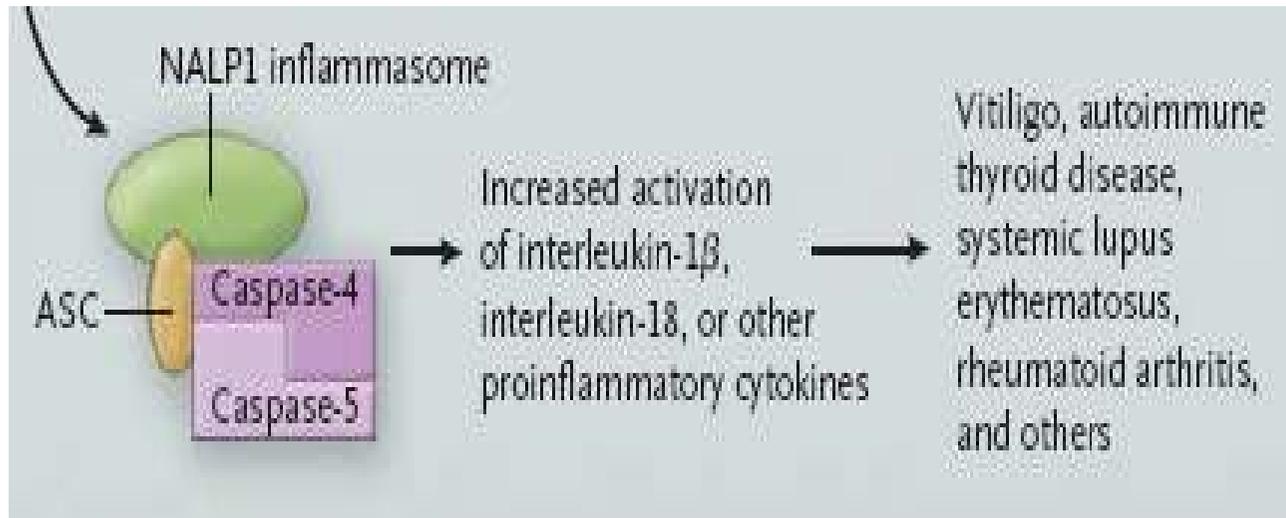
DNA sequence variants in the *NALP1* region are associated with the risk of several epidemiologically associated autoimmune and autoinflammatory diseases, implicating the innate immune system in the pathogenesis of these disorders.

The innate immune system contains several major families of damage associated molecular pattern-recognition receptors(TLRs and NLRs).



DAMPs (Microbial or cellular ligands for TLRs) can costimulate B cells to produce autoantibodies as well as stimulate the production of type 1 interferons that have been found to be dysregulated in SLE





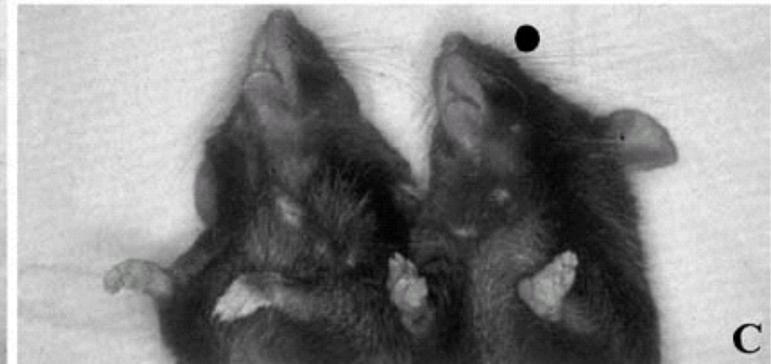
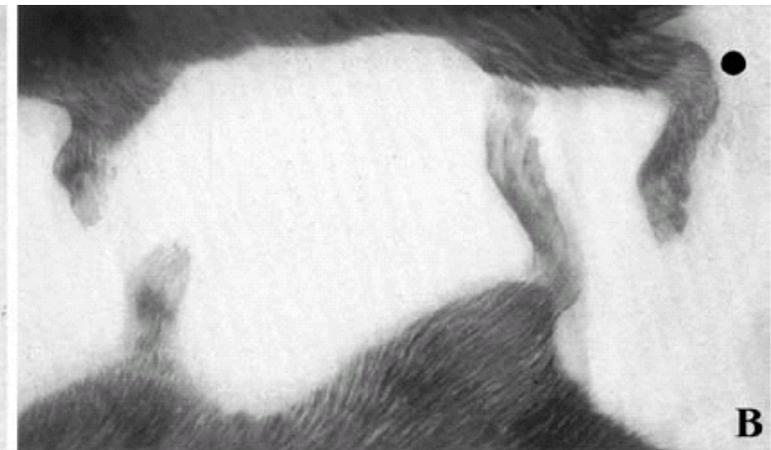
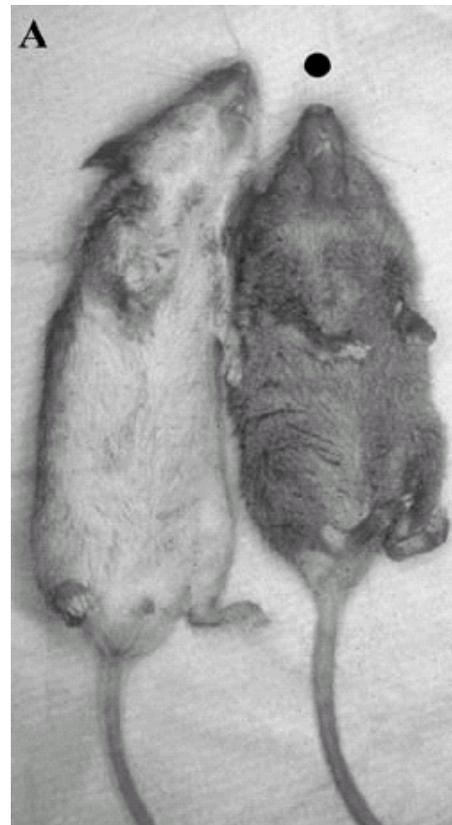
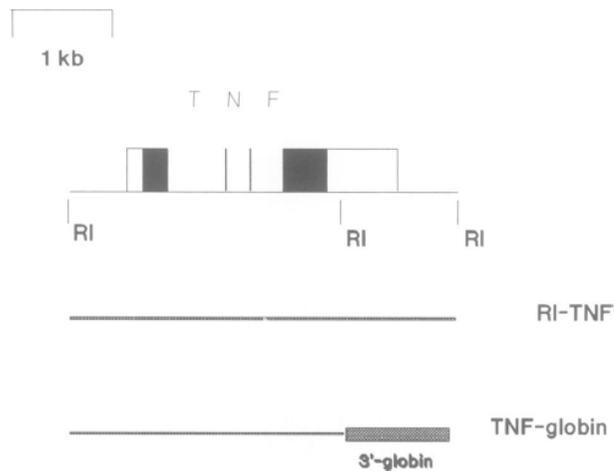
# Immunity, Inflammation and Autoimmunity in Humans

## *Physiology, pathophysiology, nosology and therapeutics*

- Origin and physiologic role of inflammation
- *Exogenous* inflammation vs *endogenous* inflammation and associated diseases
- *Endogenous inflammation: Auto-inflammation vs autoimmune inflammation*
  - Auto-inflammatory diseases: Diseases of innate immunity
  - Autoimmune diseases: Diseases of innate and adaptive immunity
- **Biologic therapies: Lessons learned about the targeting of key molecules and cells**
- **Inflammatory and autoimmune diseases are complex: the use of high-throughput methods in their investigation**
- **Perspective**

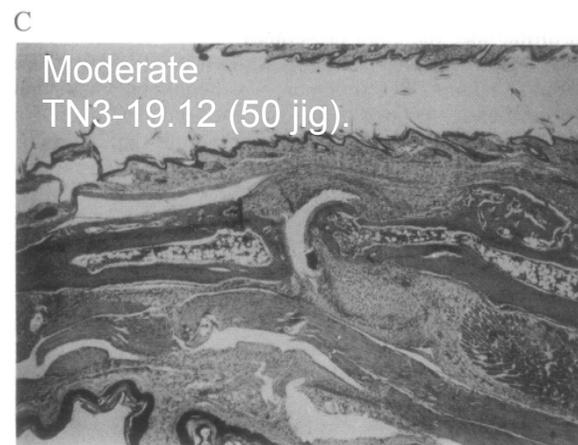
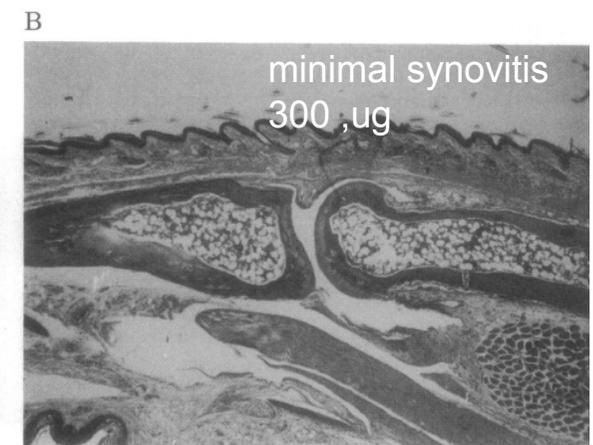
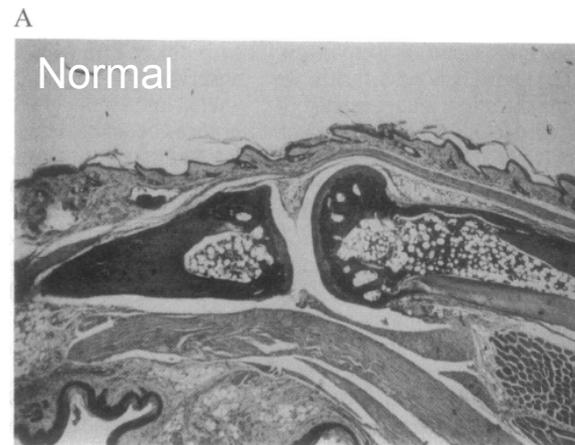
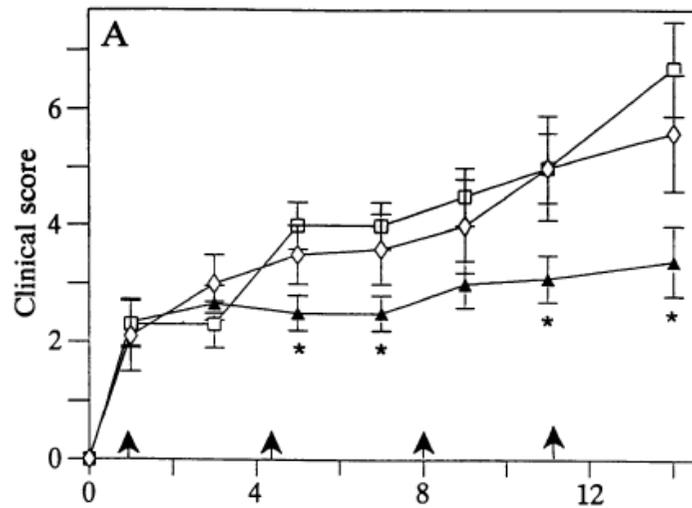
# Transgenic mice expressing human tumour necrosis factor: a predictive genetic model of arthritis

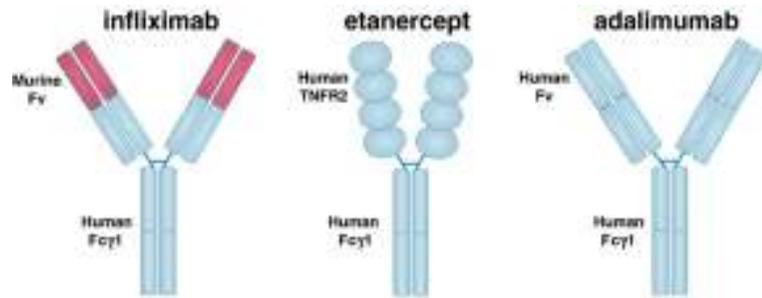
Jeanne Keffer, Lesley Probert, Haris Cazlaris, Spiros Georgopoulos, Evangelos Kaslaris<sup>1</sup>, Dimitris Kioussis<sup>2</sup> and George Kollias



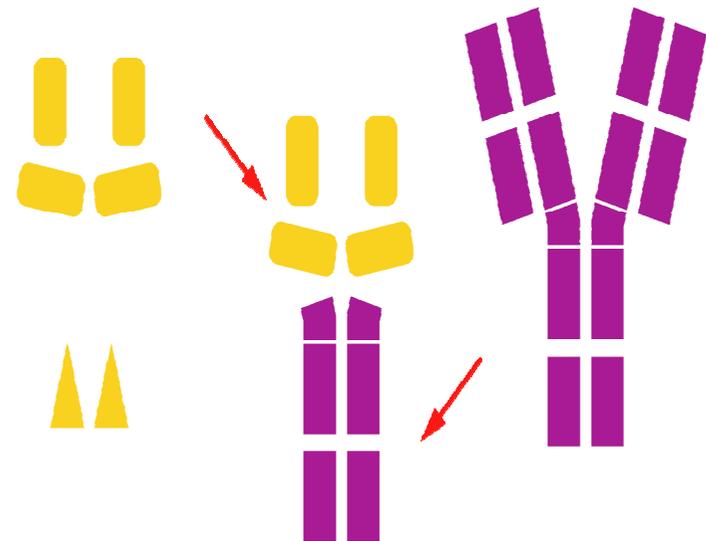
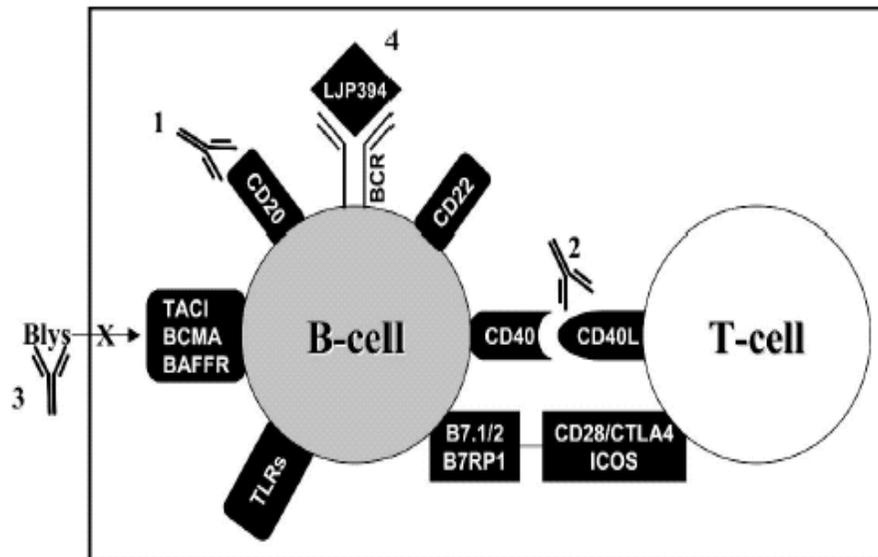
# Anti-tumor necrosis factor ameliorates joint disease in murine collagen-induced arthritis

RICHARD O. WILLIAMS\*, MARC FELDMANN, AND RAVINDER N. MAINI



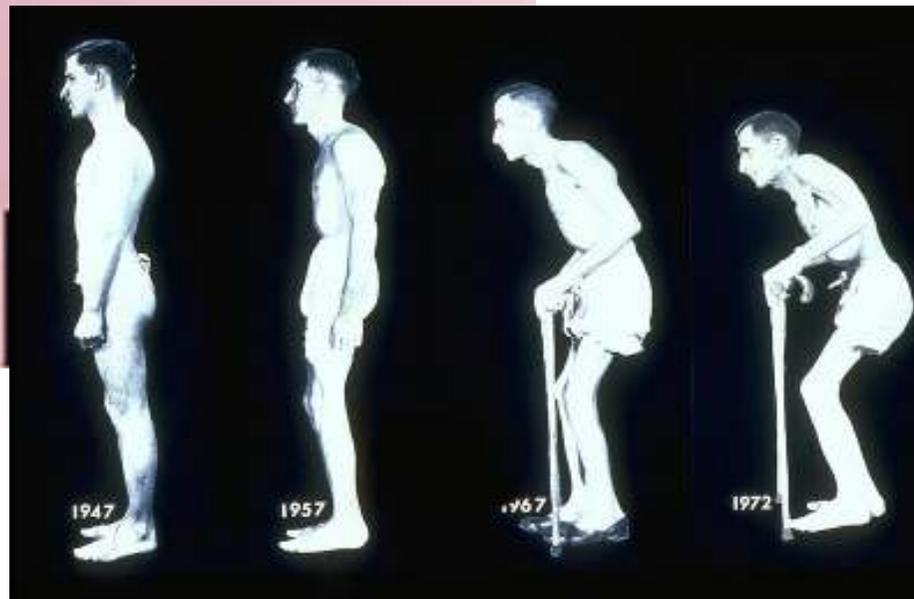
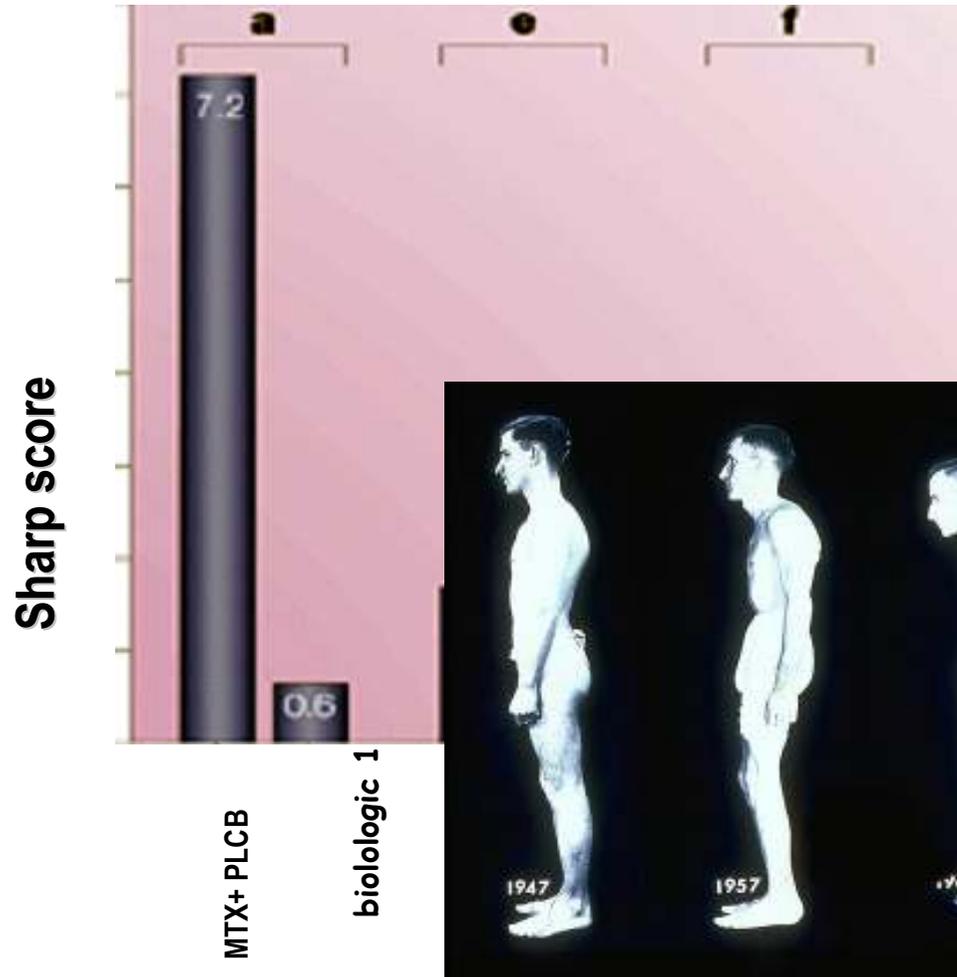
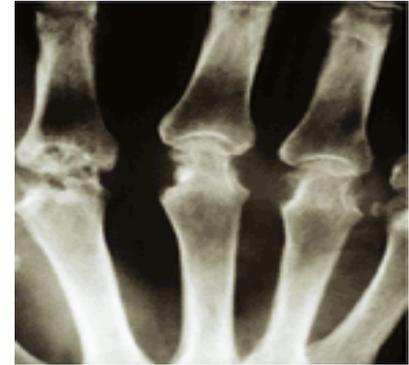


Anti-cytokine  
Anti-TNF; anti-IL-6; IL-Ra; anti-p40  
anti-IL-17

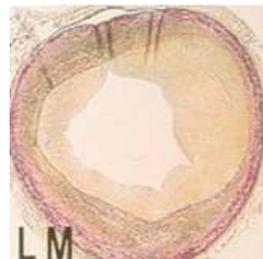
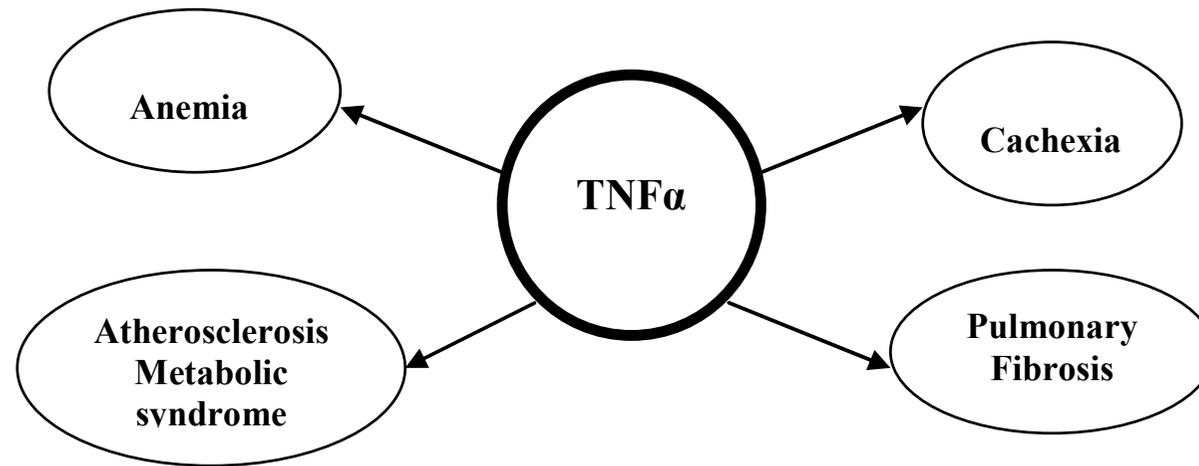
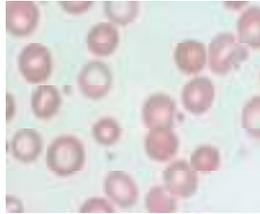


Inhibitors of co-stimulation  
Anti-CD40L, CTLA-4Ig, Blys,  
Anti-LFA1

Dramatic inhibition of inflammation, bone damage, decrease in pain and improved function.  
Remission if used early in 50% of patients



**TNF is an important mediator in humans  
TNF mediates many of the systemic effects of RA**



# Immunity, Inflammation and Autoimmunity in Humans

## *Physiology, pathophysiology, nosology and therapeutics*

- Origin and physiologic role of inflammation
- *Exogenous* inflammation vs *endogenous* inflammation and associated diseases
- *Endogenous inflammation: Auto-inflammation vs autoimmune inflammation*
  - Auto-inflammatory diseases: Diseases of innate immunity
  - Autoimmune diseases: Diseases of innate and adaptive immunity
- Biologic therapies: Lessons learned about the targeting of key molecules and cells
- **Inflammatory and autoimmune diseases are complex: the use of high-throughput methods in their investigation**
- **Perspective**

Immune responses are complex!!!!!!

nature

Vol 437|13 October 2005|doi:10.1038/nature03985

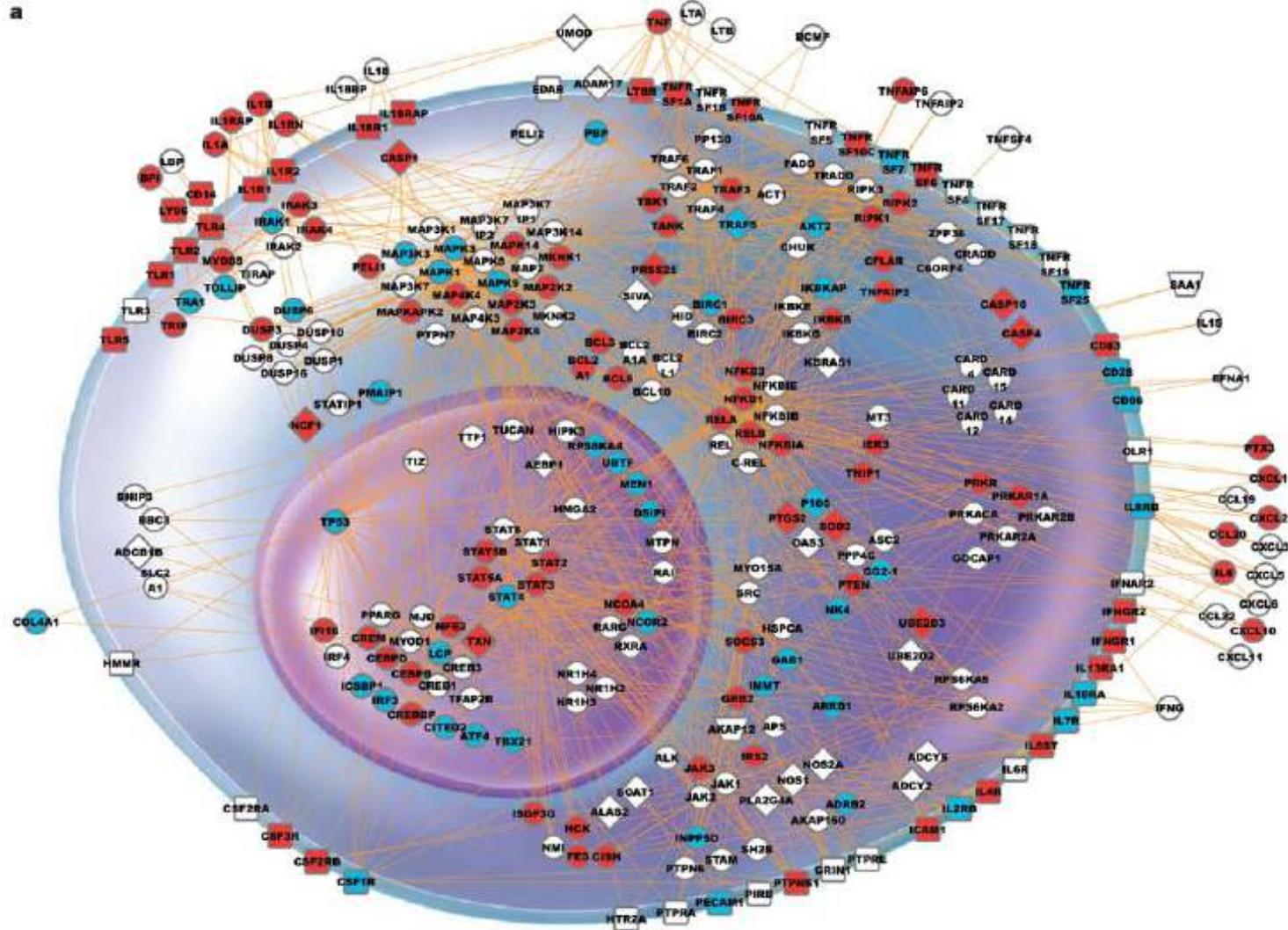
LETTERS

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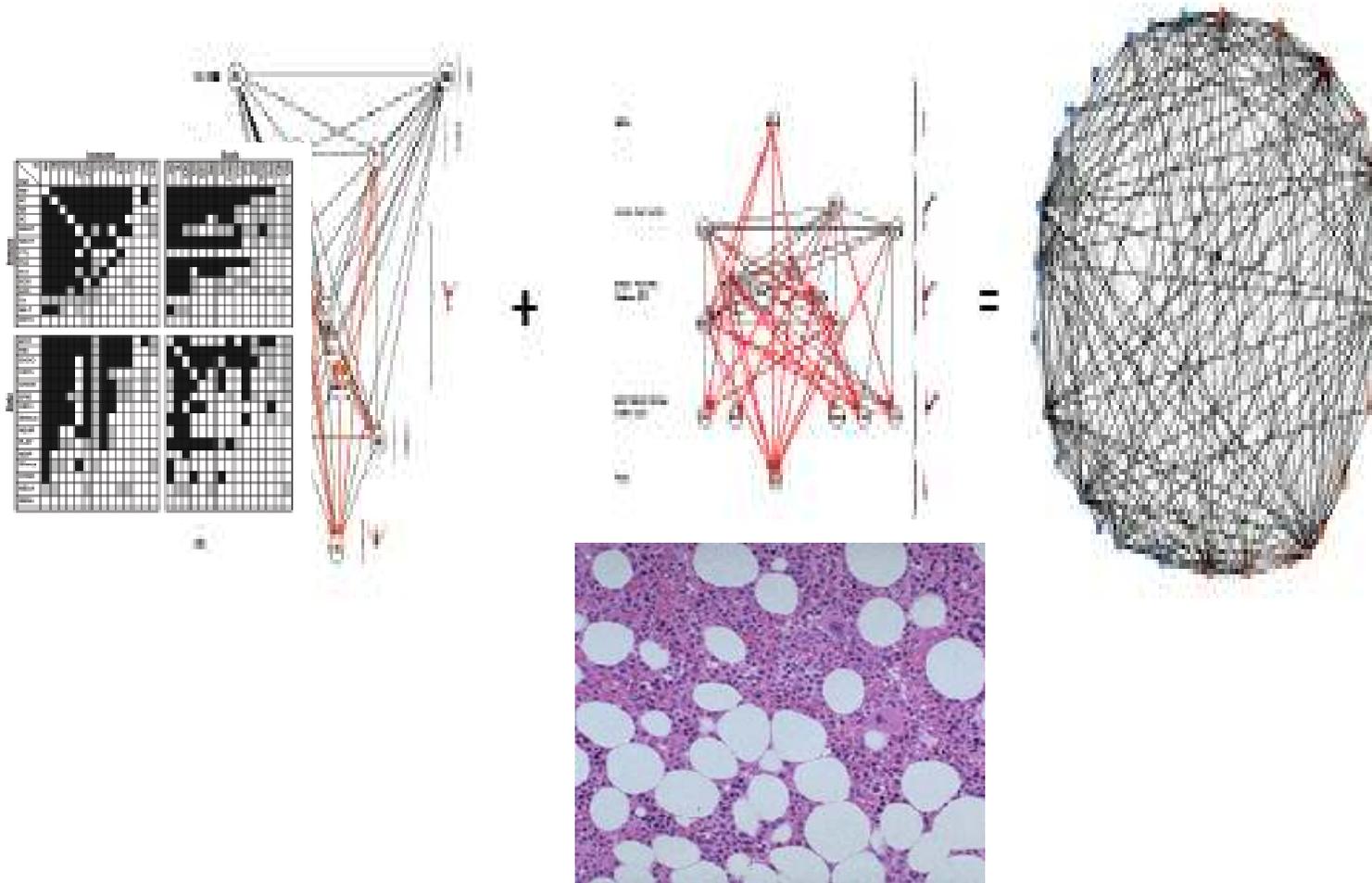
**A network-based analysis of systemic inflammation  
in humans**

Four healthy persons , iv endotoxin and analysis of human leukocytes

Prototypical inflammatory cell 292 genes, red up, blue down-regulation



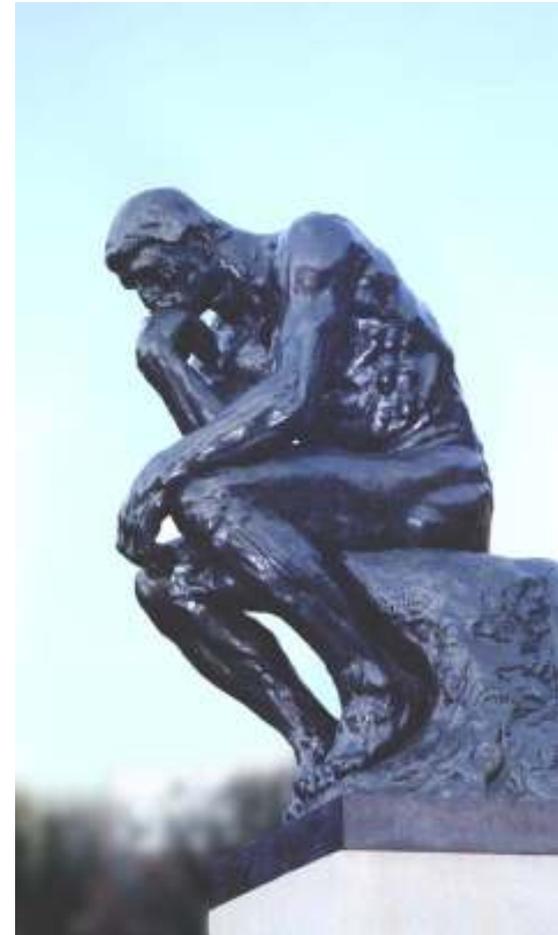
## The complexity of the system



Cells and molecules interact with each other and with ECM. Complexity resembles that of the CNS

## Autoimmune rheumatic diseases are even more complex!!!!

- **Rheumatic diseases are of complex aetiology with environmental and genetic factors interacting with each other**
- **Patients vary with regard to disease manifestations, age of onset, prognosis and therapeutic response**
- **Disease phenotype is a consequence of 100s-1000s gene expression changes in multiple affected tissues and immune effector cells**

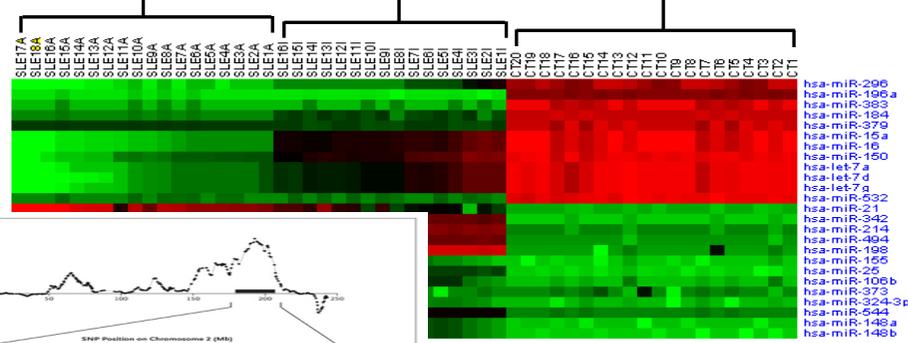
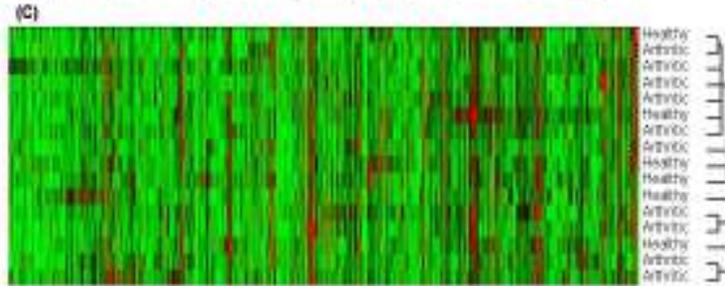
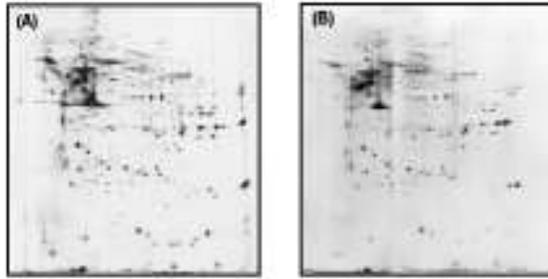


## High throughput technologies are required

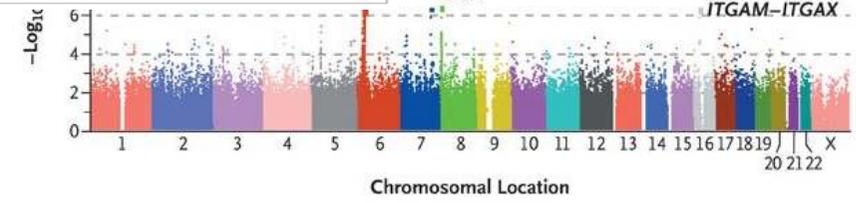
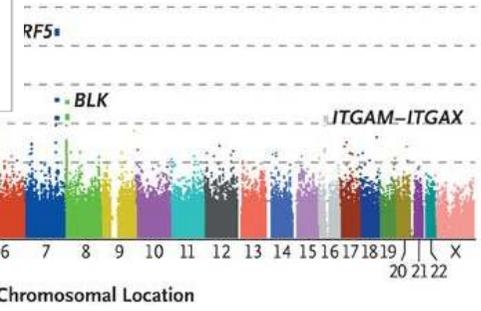
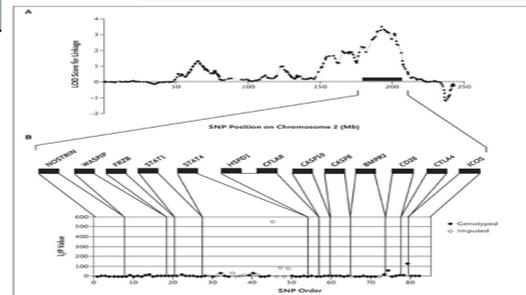
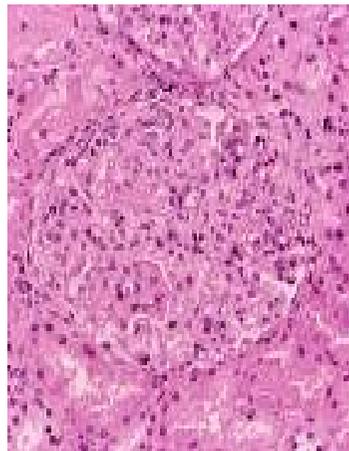
- **Thus far rheumatic disease research has been mainly focused in the investigation of specific molecules and inflammatory pathways**
- **Understanding the complex nature of rheumatic diseases as well as the implication of both genetic and environmental factors requires high throughput technologies**
- **High throughput technologies represent combinations of basic biological methods with automated biochemical, biological, optical and imaging methods**

# High throughput technologies in Rheumatology

## Rheumatoid arthritis Proteomics and DNA microarrays



## Systemic lupus erythematosus miRNA and genome-scans



# Outline

## *Questions to be addressed*

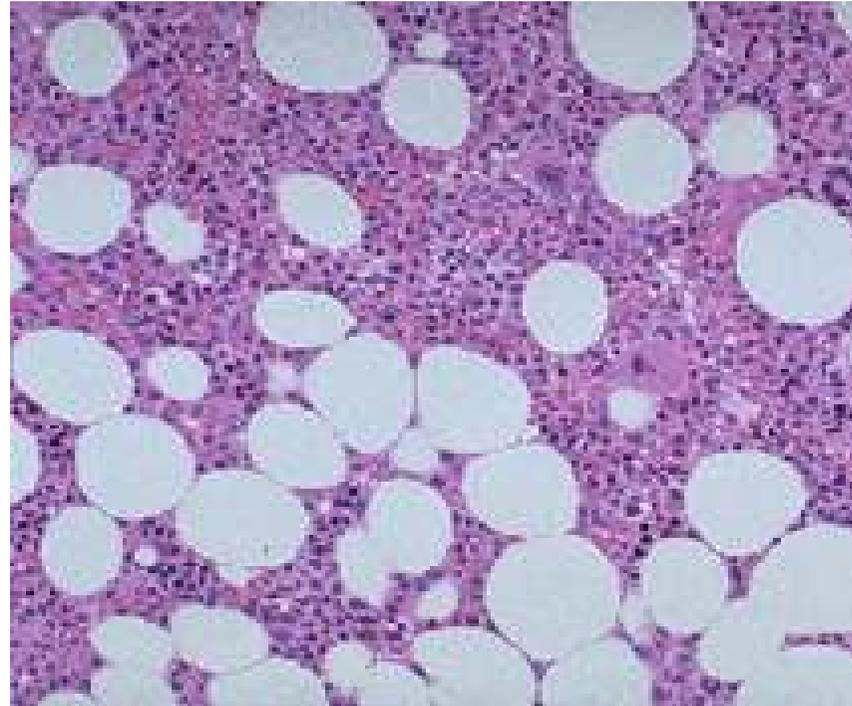
- High-throughput technologies
  - Why are they necessary?
    - When to use? Circumstances and types of questions or problems
    - Which one ? Selection of method and technology
    - How to make sense of the results? Interpretation and integration

**Lupus is the prototypic systemic autoimmune disease affecting a affecting multiple organs**



## Bone Marrow: an ideal site to study the biology of lupus

- **Central lymphoid organ:**
  - » hemopoietic cells
  - non hemopoietic cells
  - the stroma
- **Important for the biology of B and T cells**



# Approaches for identifying SLE candidate genes

## Level 1: Polymorphisms

*-Genome-wide association studies*

## • Level 2: Gene expression

*-cDNA microarrays*

## • Level 3: Regulation of gene expression

*-post-transcriptional, translational, post-translational*

## • Level 4: Proteomics

*- serum and/or tissue*

**DNA microarrays in SLE**

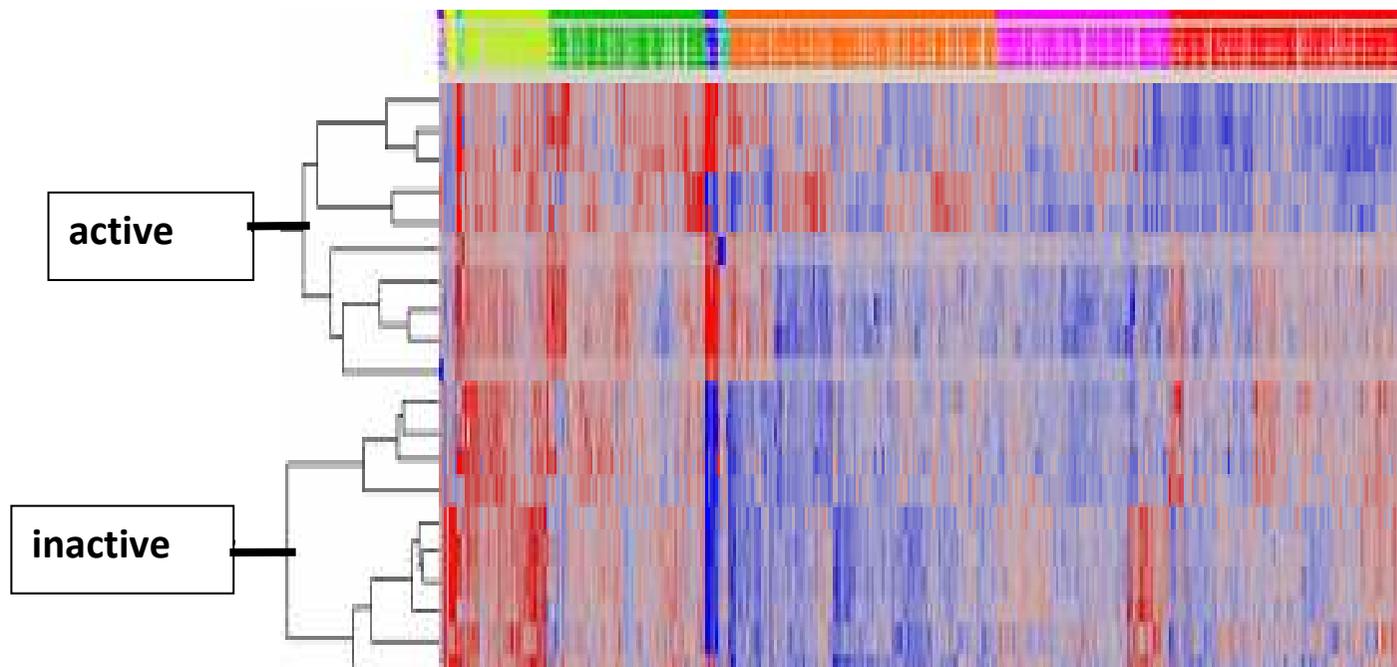


**microRNA microarrays**

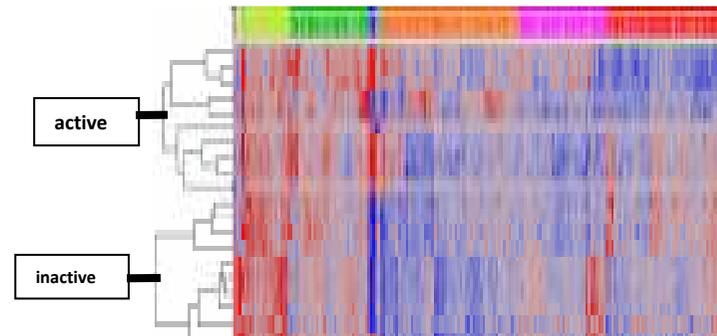


**Gene networks**

# Microarray analysis reveals patient subgroups in the Bone Marrow



BM Genes differentially expressed according to disease activity



**Granulopoiesis**

**Integrin signaling**

**Apoptosis of granulocytes**

**DNA microarrays**



**microRNA microarrays**



**Gene networks**

**DNA microarray studies identify only differentially expressed genes at the mRNA level**

**Need to study gene regulation, protein levels, post-translational modifications and other regulatory mechanisms.**

**DNA microarrays in SLE**

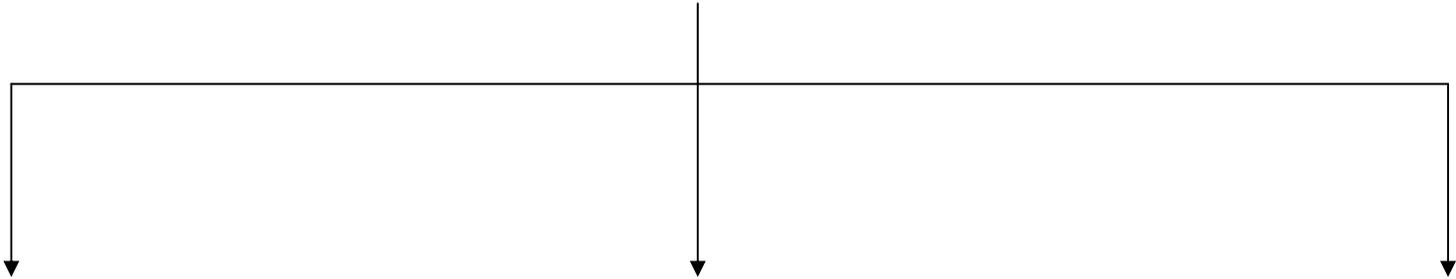


**microRNA microarrays**

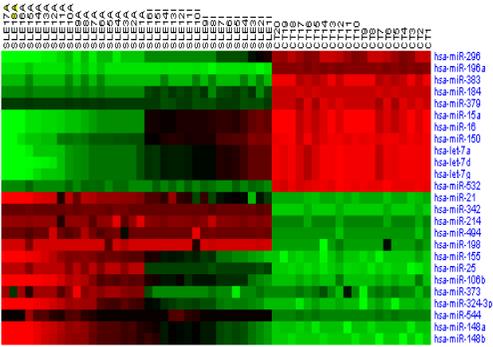


**Gene networks**

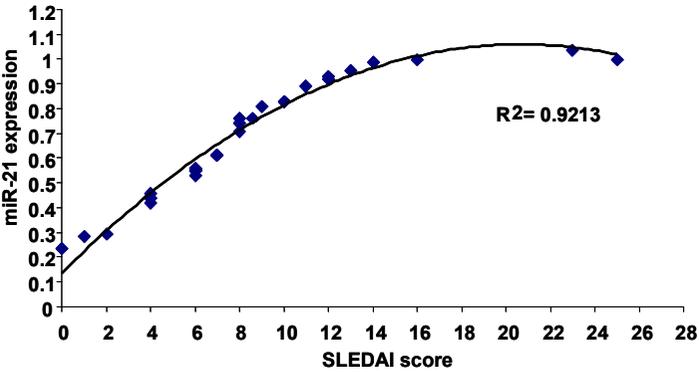
# microRNA microarrays



MicroRNA gene signature distinguishes SLE active vs inactive patients



Specific MicroRNAs correlate with SLE disease activity

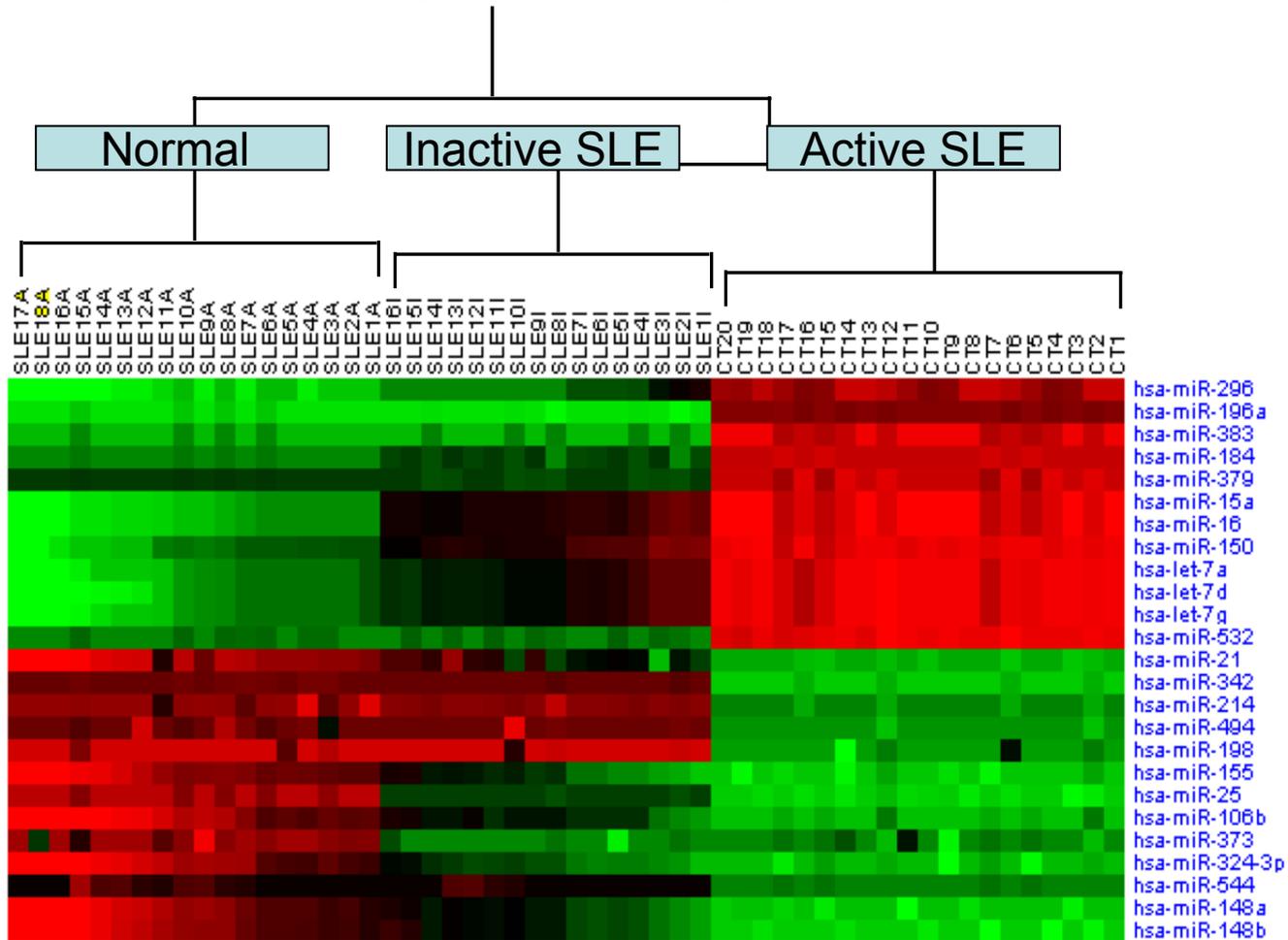


Identification of gene targets involved in specific signaling pathways.

- miR-16 → Bcl2, bcl-xl
- miR-21 → PDCD4
- miR-25 → BIM

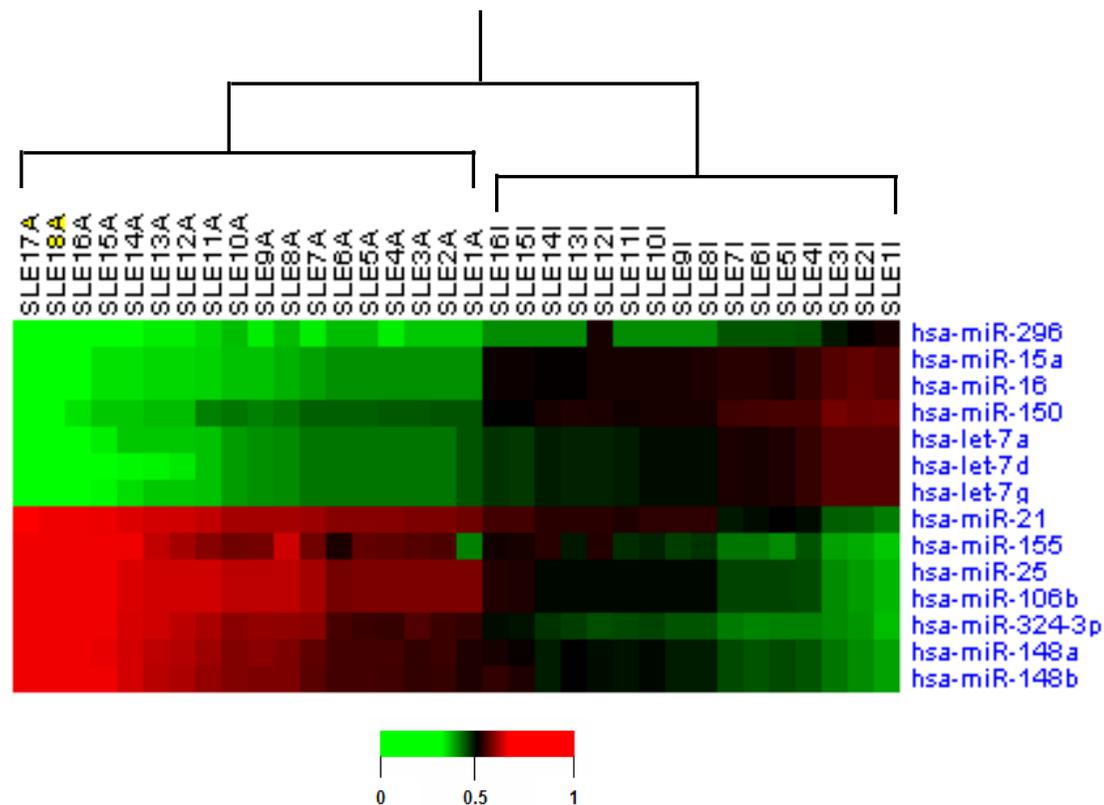
Implicated in apoptosis

## 25 MicroRNA Gene Signature Distinguishes Normal from SLE patients



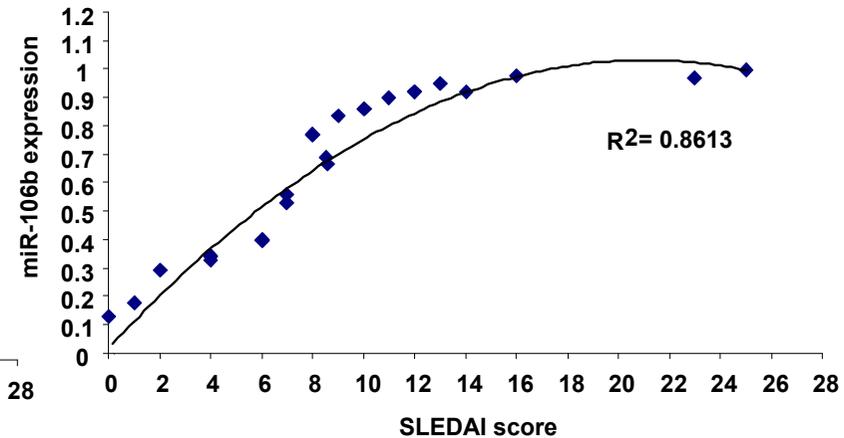
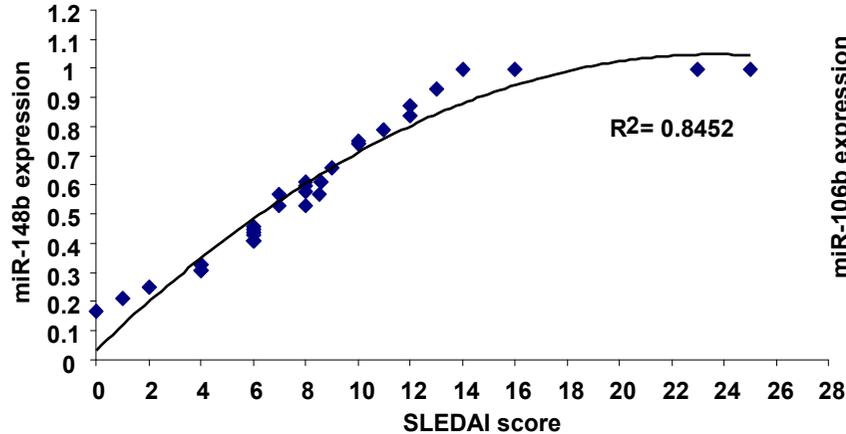
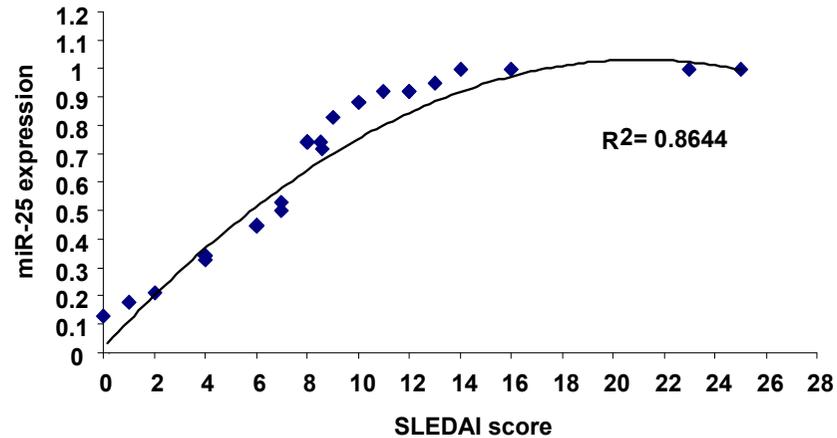
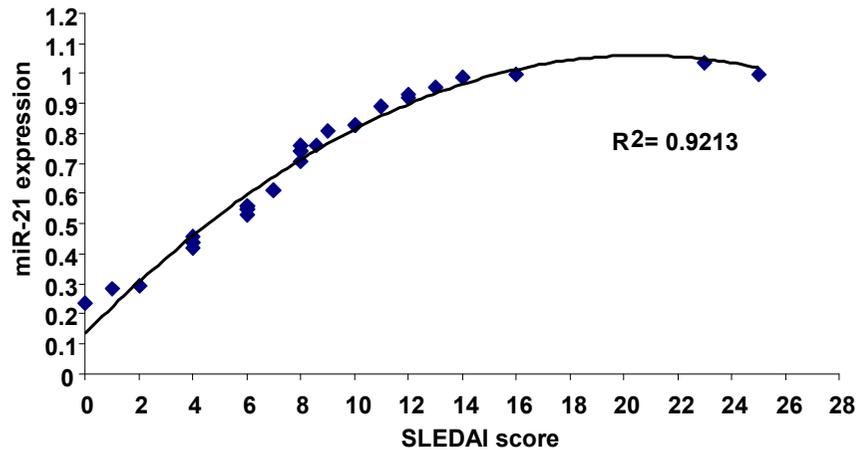
- 365 microRNAs tested
- 25 differentially expressed between normal and SLE patients
- 12 microRNAs were down-regulated and 13 were up-regulated in SLE patients

## 14 MicroRNA Gene Signature Distinguishes SLE active vs inactive patients



7 microRNAs were down-regulated and 7 were up-regulated in SLE patients with active disease in comparison to SLE patients with inactive disease (SLEDAI < 8).

## MicroRNAs correlate with SLE disease activity



4 microRNAs (miR-21, miR-25, miR-106b, miR-148b) are highly correlated with SLE disease activity. Probably these microRNAs can be used as SLE disease activity prognostic markers.

## Identification of microRNA gene targets

MicroRNA gene	Chromosomal location <sup>1</sup>	Putative Targets <sup>2</sup>	Description
hsa-miR-150	19 : 54695854-54695937	c-myb	Myeloblastosis viral oncogene homolog
hsa-miR-25	7 : 99529119-99529202	Bim	Bcl2-like 11
hsa-miR-106b	7 : 99529552-99529633	Bim	Bcl2-like 11
hsa-miR-21	17 : 55273409-55273480	PTEN	Phosphatase and tensin homolog
hsa-miR-21	17 : 55273409-55273480	PTEN	Phosphatase and tensin homolog
hsa-let-7a	22 : 44887293-44887366	IL6	Interleukin 6
hsa-miR-196a	12 : 52671789-52671898	TCF7	Transcription factor 7, T-cell specific
hsa-miR-148b	12 : 53017267-53017365	DNMT3b	DNA Methyltransferase 3b

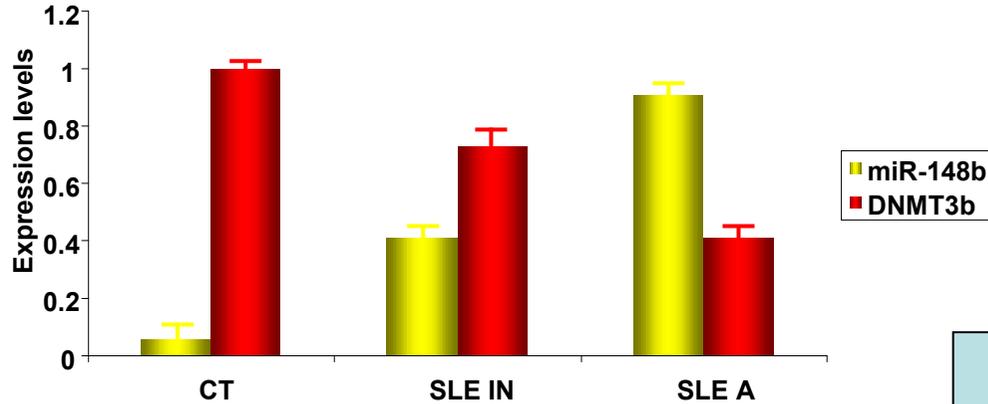
<sup>1</sup>MicroRNA chromosomal location (mouse genome) according to the miRBase database from Sanger Institute.

<sup>2</sup>Putative microRNA targets according to prediction algorithms and expression data.

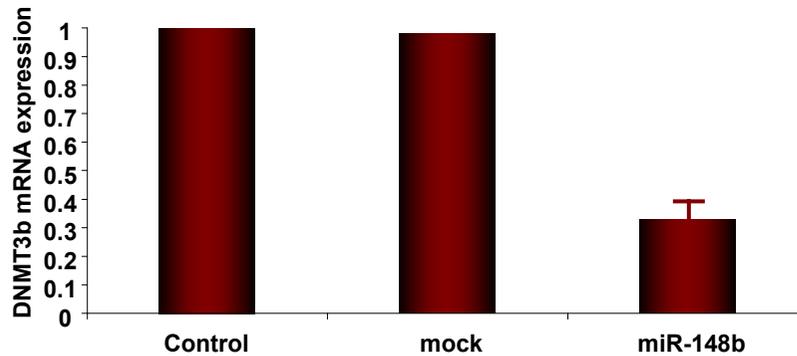
**To understand microRNAs function, need to identify gene targets involved in specific signaling pathways. By bioinformatic analysis we identified genes potentially targeted by the microRNAs differentially expressed in lupus**

**Validation of miRNA data**  
Overexpression of miR-148b and testing DNMT3b expression levels

**A**



**B**

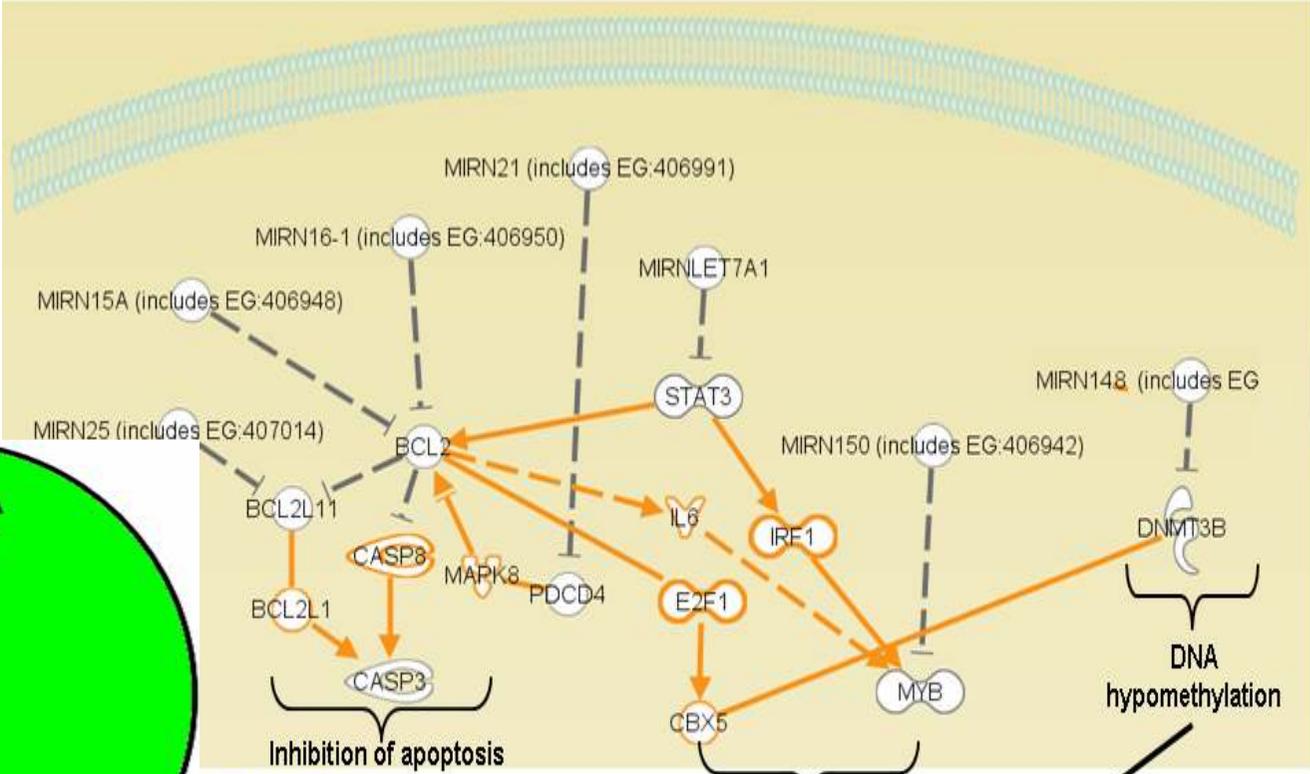
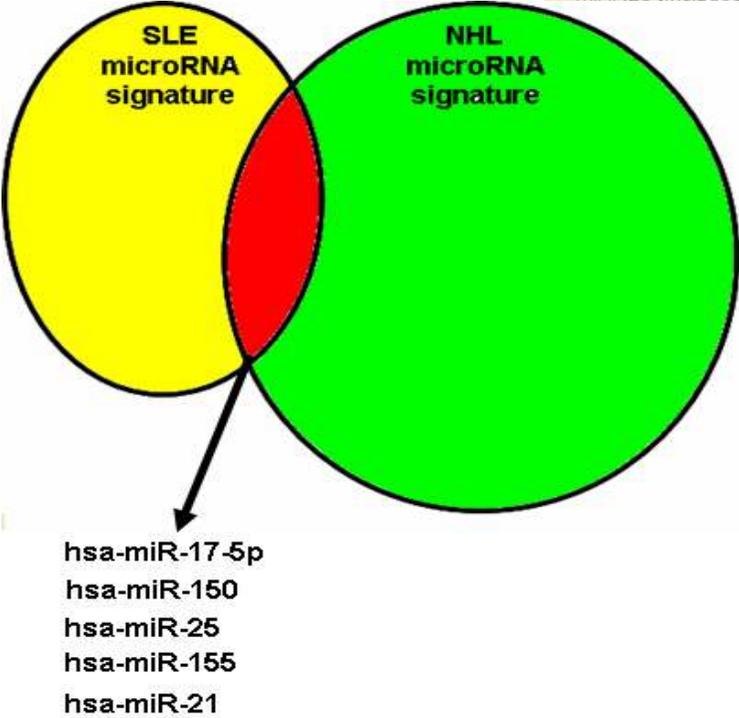


**MicroRNA-induced hypomethylation in CD4+ T cells in lupus patients**

**miR-148b inhibited >70% DNMT3b mRNA expression assessed by real-time PCR analysis.**

**These results suggest that miR-148b targets directly DNMT3b and its up-regulation in SLE blocks DNMT3b ability causing global hypomethylation in CD4+ T cells.**

# Lupus bionetworks

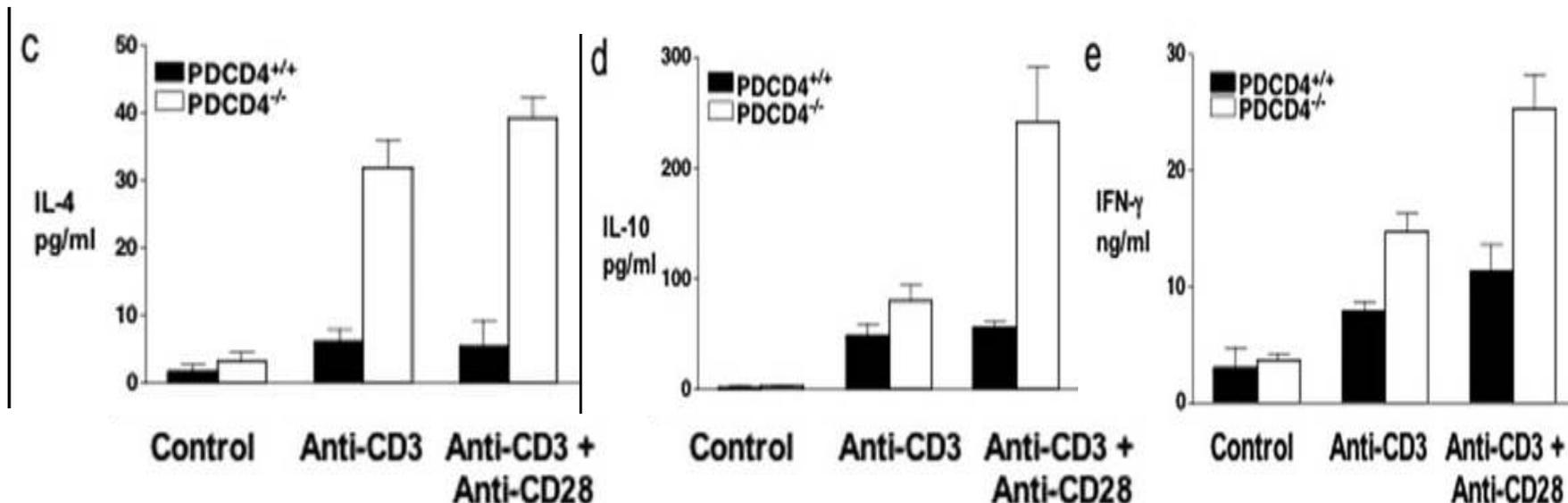


**Systemic Lupus Erythematosus**

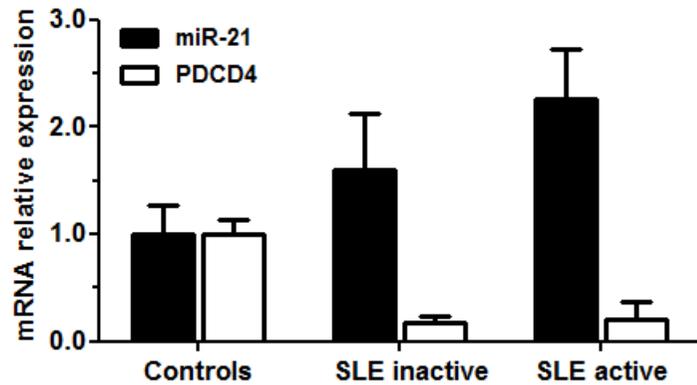
stems, Inc. All rights reserved.

# PDCD4 in the immune system

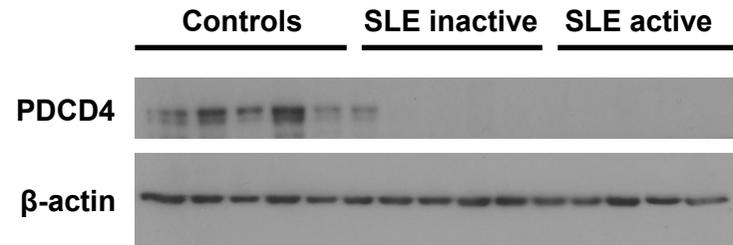
- Translational regulation of autoimmune inflammation and lymphoma genesis by PDCD4. *J Immunol*, 2006
  - *Spontaneous lymphoma development in PDCD4 ko mice*
  - *PDCD4 deficient lymphocytes preferentially produce cytokines*



# Mir-21 is inversely correlated with PDCD4 in PBMCs of SLE patients

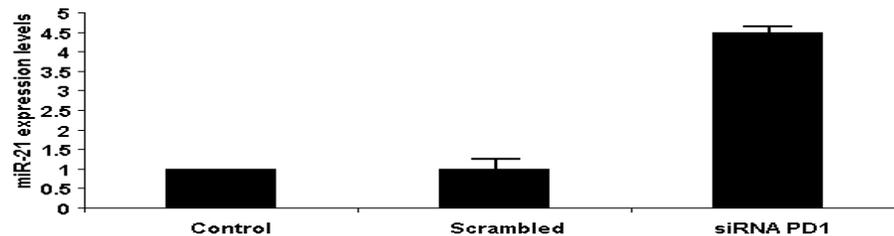


real time PCR analysis

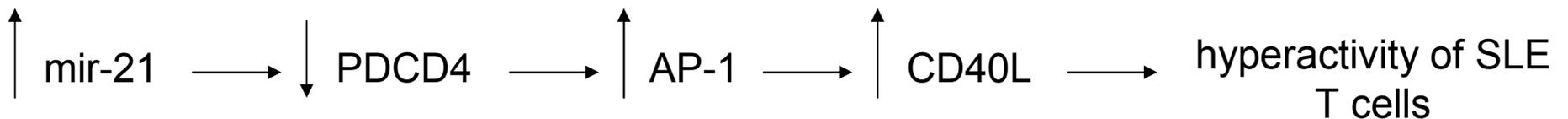
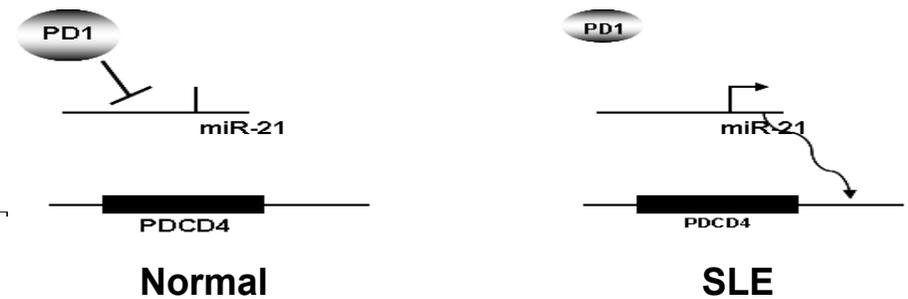


Western blot analysis

## PD1 inhibition increases miR-21 expression



## Proposed model for PDCD1 (PD1) regulating miR-21



## **Integrative Genomic Network Analysis Reveals Novel Drug Targets for SLE**

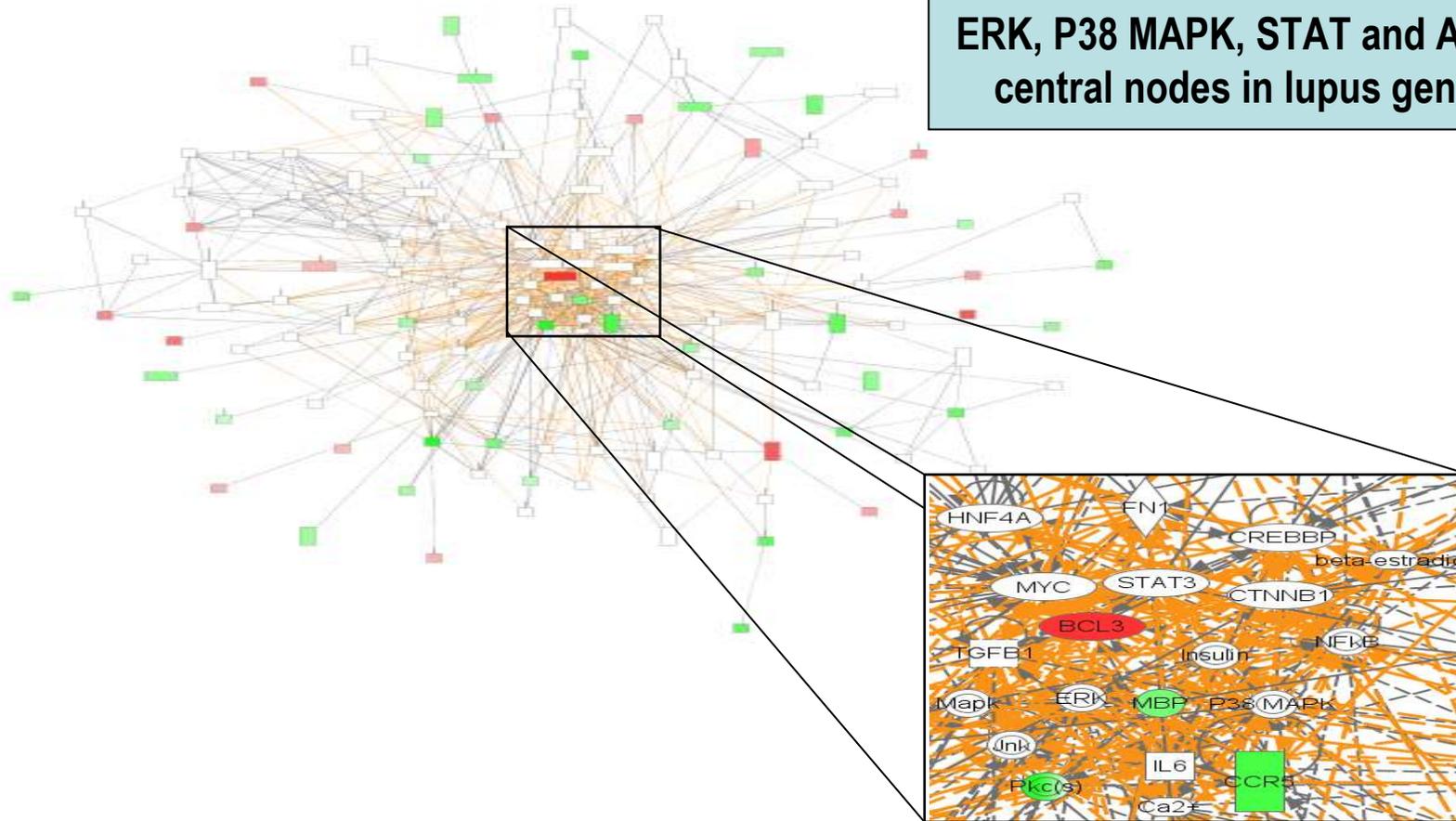
- **Gene profiling studies provide important information for detecting key molecules relevant to a disease BUT**
  - they are not informative of protein-protein interactions, post-translational modifications and regulation by targeted sub-cellular localization.
  - in many diseases important proteins such as MAP kinases are activated by phosphorylation while their mRNA and proteins levels remain constant.
- **We integrated gene expression profiling data, derived from bone marrow of lupus patients and healthy individuals, with bioinformatic approaches and constructed functional gene networks .**
- **Identification of the central nodes (also called hubs) in these networks could lead to the development of new drug therapies for lupus patients.**

## Patients and Methods

- Analysis of **gene expression microarray data from bone marrow mononuclear cells (BMMCs)** from 20 SLE patients (11 with active and 9 with inactive disease) and 7 healthy individuals and 3 osteoarthritis patients served as controls.
- Gene networks were constructed and identified important hubs using Ingenuity Gene Network Analysis.
- Pathways of highly interconnected genes were identified by statistical likelihood



**ERK, P38 MAPK, STAT and AKT proteins,  
central nodes in lupus gene networks**

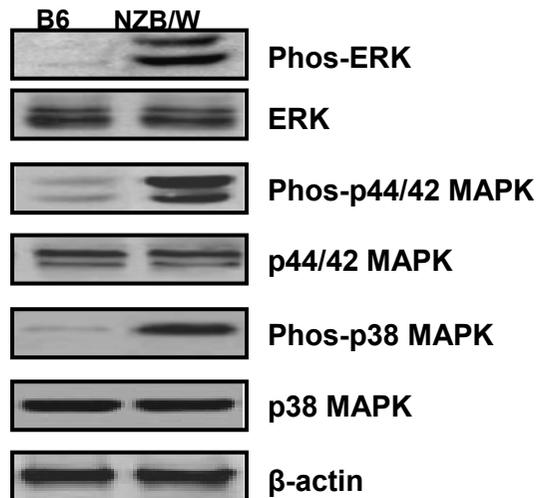


- Central Nodes**
- BCL3
- Beta-Estradiol**
- Ca2+
- CCR5
- CREBBP
- ERK
- FN1
- HNF4A
- IL6
- Insulin
- JNK
- MAPK
- MBP
- MYC
- NFKB
- P38 MAPK
- PKC
- STAT3
- TGFB1

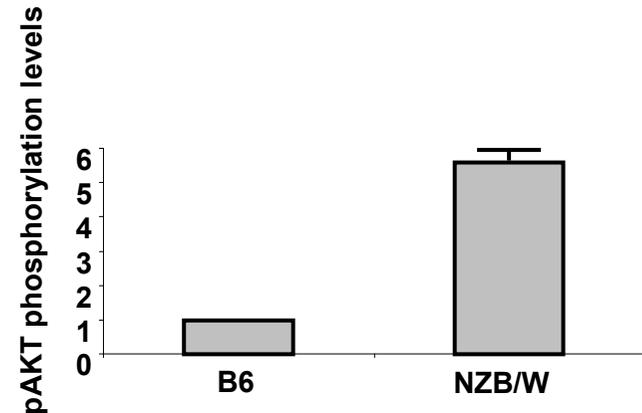
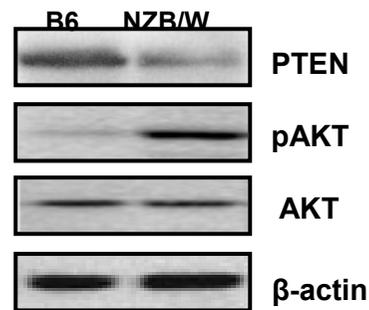
**Gene Network Analysis Reveals Activation of Multiple Kinase Pathways**

We tested the protein expression levels and activation of ERK, P38 MAPK, STAT and AKT proteins, which were central nodes in lupus gene networks, using protein extracted from B cells of control and NZB/W F1 female mice (4 months) SLE mouse model.

A

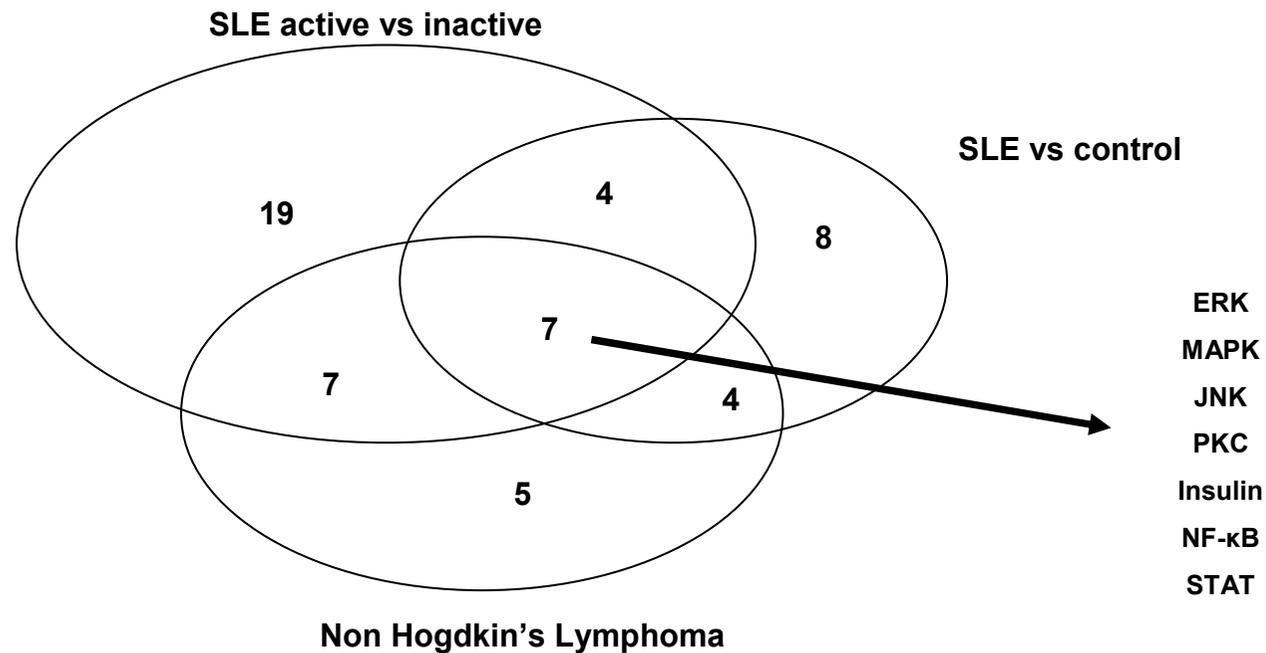


B



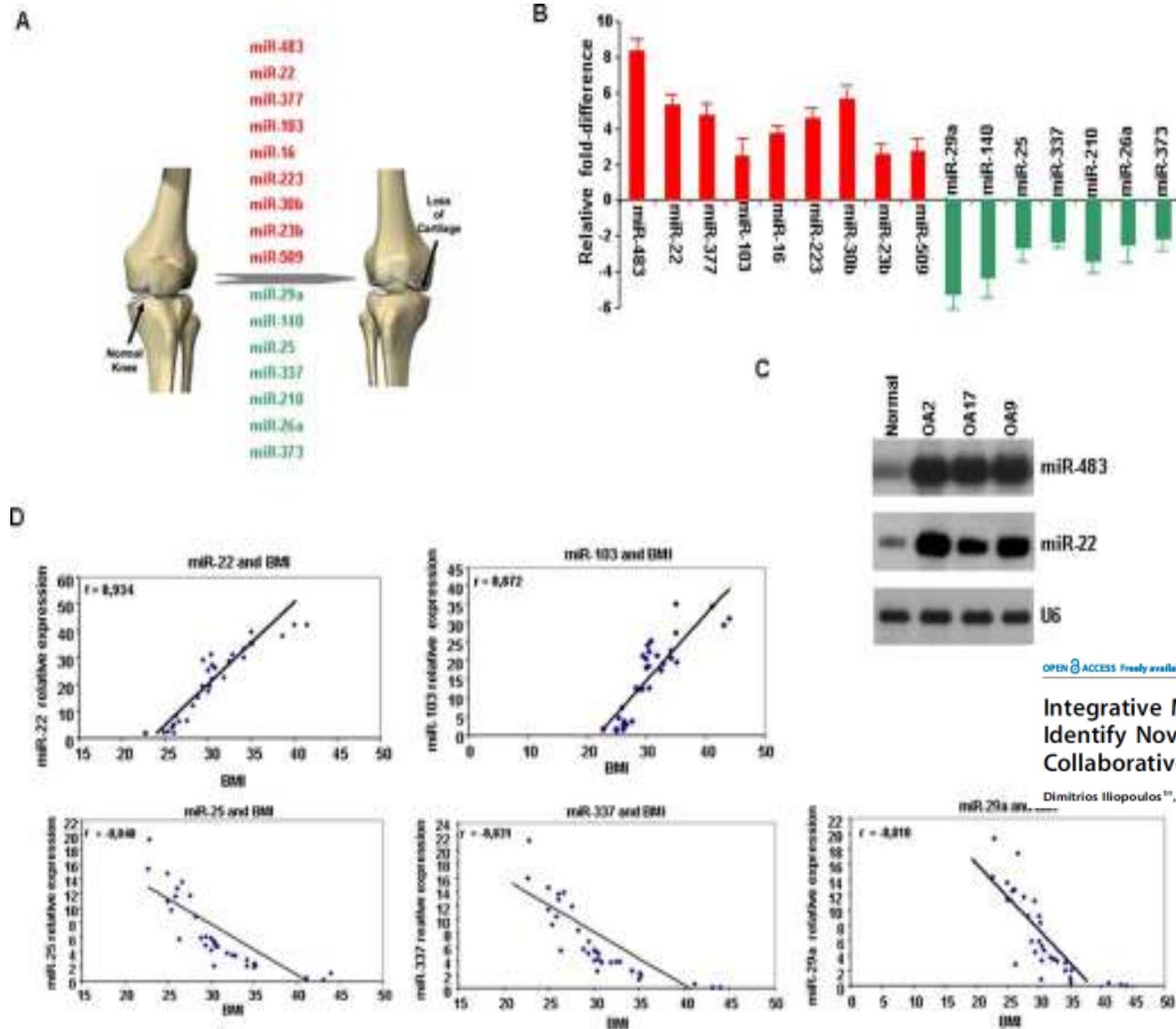
Validation of network data in lupus mice NZB/NZW by Western blotting

Using a literature-curated gene data set for Non Hodgkin's lymphoma we compared the similarity between lupus and Non Hodgkin's lymphoma gene networks and identified common central nodes.



Normal vs SLE  
Active SLE vs inactive  
SLE vs Non-Hodgkin lymphoma

# miRNA in human osteoarthritis and correlation with BMI



OPEN ACCESS Freely available online

PLoS one

Integrative MicroRNA and Proteomic Approaches Identify Novel Osteoarthritis Genes and Their Collaborative Metabolic and Inflammatory Networks

Dimitrios Iliopoulos<sup>1\*</sup>, Konstantinos N. Malizos<sup>1,2</sup>, Pagona Oikonomou<sup>1</sup>, Aspasia Tsezou<sup>1,2,4\*</sup>

Obesity and inflammation are related to osteoarthritis, a metabolic disease affected by microRNA deregulation.

## High-throughput technologies : time for clinical application?

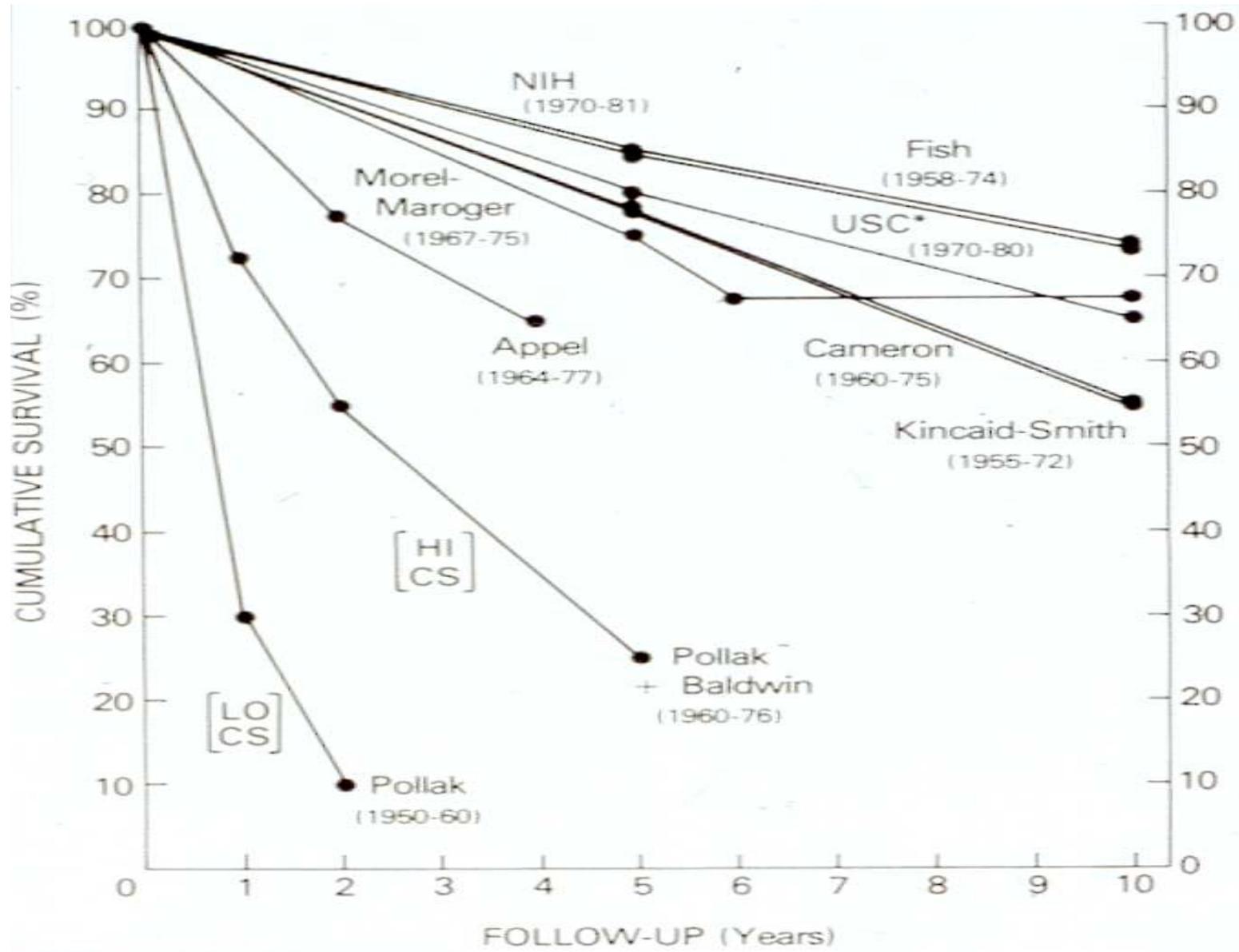
- **Time, expense and expertise required to do the assays are considerable obstacles**
- **Standardization and validation problematic especially in view of the scarcity of the scarcity of current bioinformatics expertise**
- **Clinical application: Further validation whether**
  - a single assay on an individual patient will be even be interpretable ( most data are derived from comparing groups of patients in a cross-sectional rather than longitudinal fashion)*
  - its discriminant ability towards similar diseases or towards disease activity*

# Immunity, Inflammation and Autoimmunity in Humans

## *Physiology, pathophysiology, nosology and therapeutics*

- Origin and physiologic role of inflammation
- *Exogenous* inflammation vs *endogenous* inflammation and associated diseases
- *Endogenous inflammation: Auto-inflammation vs autoimmune inflammation*
  - Auto-inflammatory diseases: Diseases of innate immunity
  - Autoimmune diseases: Diseases of innate and adaptive immunity
- Biologic therapies: Lessons learned about the targeting of key molecules and cells
- Inflammatory and autoimmune diseases are complex: the use of high-throughput methods in their investigation
- **Perspective**

# 10 Year Survival in SLE



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